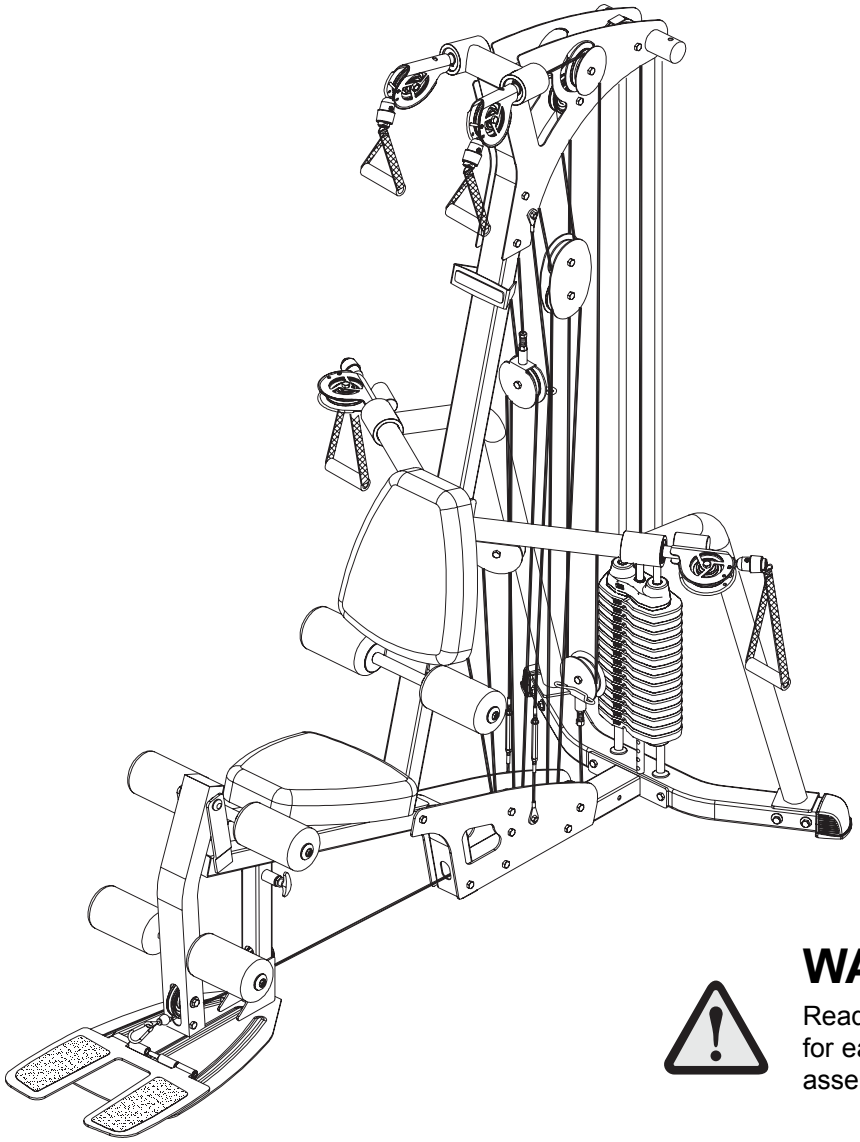
# CM3 GYM SYSTEM



## WARNING:

Read and follow all directions for each step to ensure proper assembly of this product.

# USER'S GUIDE

CLASS H
PART # 7657801
REV. B

Version: CM3-108
Revision: 12/08/06

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# Important Safely Information

**There is a risk assumed by individuals who use this type of equipment. To minimize risk, follow these rules!**

1. Before using, read all the warnings and instructions on the use of this machine. Use only for intended exercise. **DO NOT** modify the machine.
2. Obtain a medical exam before beginning any exercise program.
3. Keep body and clothing free of all moving objects.
4. Inspect the machine before use. **DO NOT** use it if it appears damaged. **DO NOT** attempt to fix a broken or jammed machine. Notify your authorized Life Fitness dealer and have repairs made by an authorized service technician before use.
5. Be certain that the weight pin is inserted completely. Use only the pin provided by the manufacturer. If unsure, call your authorized Life Fitness dealer.
6. Never pin the weights or prop plate into an elevated position. **DO NOT** use the machine if found in this condition. **DO NOT** attempt to fix. Notify your authorized Life Fitness dealer.
7. Inspect cables and their connections before using machine. Pay particular attention to the cable ends. **DO NOT** attempt to fix any problems. Notify your authorized Life Fitness dealer and have repairs made by an authorized service technician before use.
8. Make sure all spring-loaded pull pins are fully engaged in the adjustment position and fully tighten the thumbscrew before use.
9. Children must not be allowed near this machine. Supervise teenagers.

**Note:** In our continuing effort to improve our products, specifications are subject to change.
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www.lifefitness.com

## Important Notes

Thank you for purchasing the Life Fitness CM3 Gym System. Please read these instructions thoroughly and keep them for future reference.

This product must be assembled on a flat, level surface to assure its proper function.

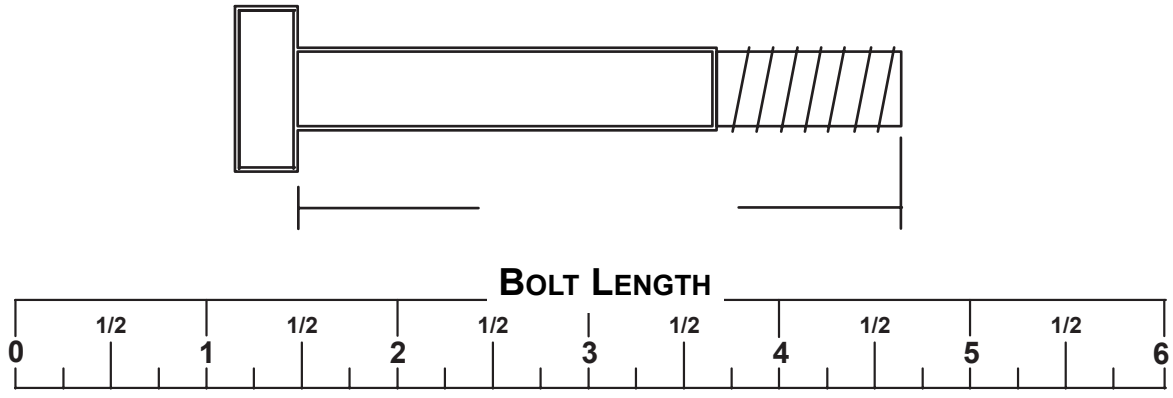
**DO NOT** securely tighten any frame connections until the entire frame has been assembled, unless otherwise stated.

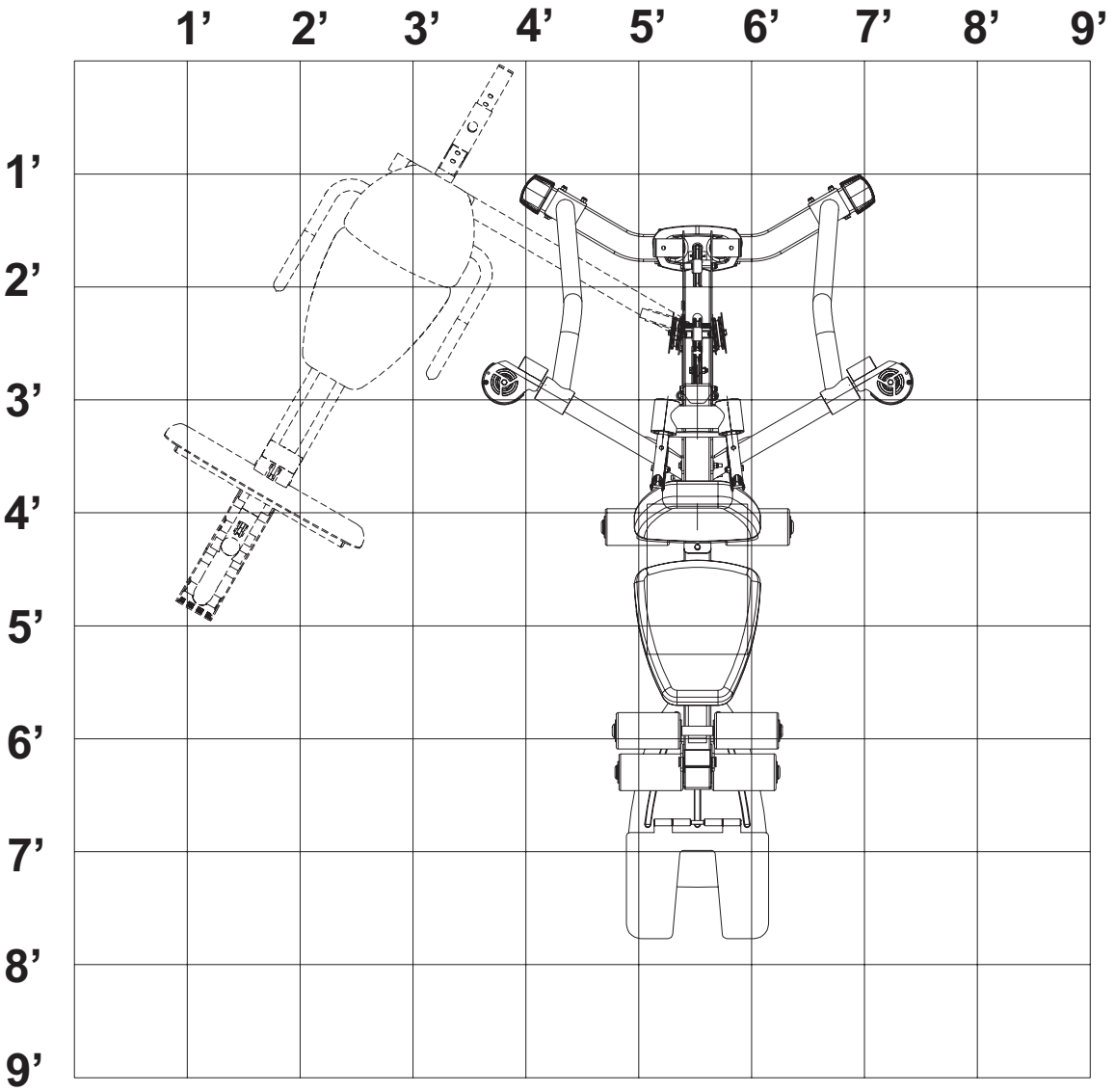
## Tools Required for Assembly

- Rubber mallet or hammer.
- 3/4" wrench.
- 9/16" wrench.
- Ratchet with 3/4" and 9/16" sockets.
- 5/32" Allen wrench.
- Adjustable wrench.
- Tape measure.

## Bolt Length Ruler

**Note that bolt length is measured from the underside of the head of the bolt.**






## CM3 Footprint
### 1 Square = 1' x 1'

### Minimum Required Usable Space:

Length = 90 inches (229 cm) 7' 6"

Width = 103 inches (262 cm) 8' 7"

Height = 84 inches (213.5 cm) 7'

### Dimensions Including LP5 Leg Press (Optional):

Length = 102 inches (259 cm) 8' 6"

Width = 130 inches (330 cm) 10' 10"

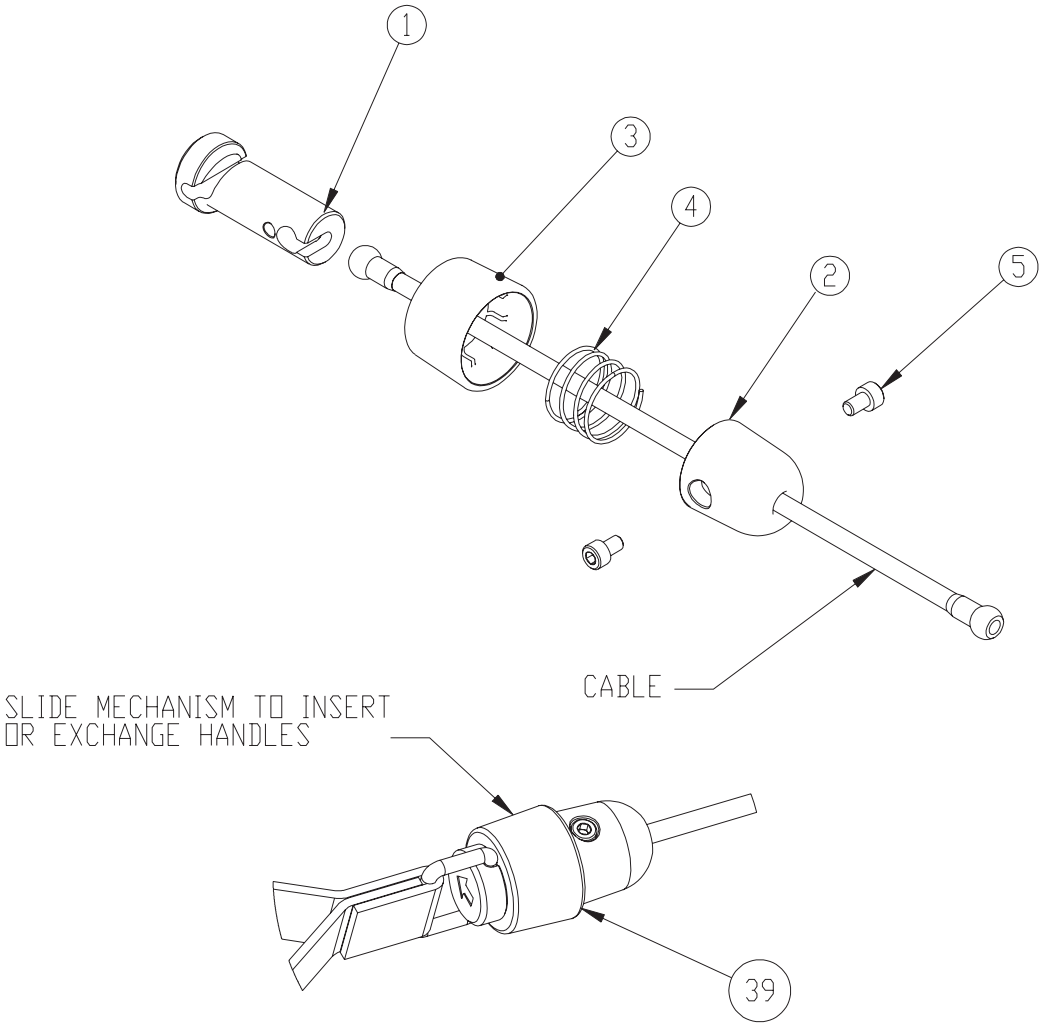
# Parts List

Note: Some of the components may be pre-assembled.

| Key | Part # | Description | Qty | Key | Part # | Description | Qty |
|---|---|---|---|---|---|---|---|
| 1 | ACU04-0906 | FRONT BASE | 1 | 38 | ACU06-0035 | 4-1/2" PULLEY | 3 |
| 2 | ACU04-0909-107 | UPRIGHT | 1 | 39 | ACUKN000097 | QUICK CONNECT | 4 |
| 3 | ACU04-0907 | BASE CONNECTOR | 1 | 40 | ACU11-0068 | T-HANDLE SPRING PIN | 1 |
| 4 | ACU04-0908 | REAR BASE | 1 | 41 | ACUDI1080080U | SNAP LINK | 4 |
| 5 | ACU04-0902 | RIGHT ARM | 1 | 42 | ACU04-1343 | GUIDE BRACKET | 2 |
| 6 | ACU04-0903 | LEFT ARM | 1 | 43 | ACU06-0194 | 3-PRONG KNOB | 1 |
| 7 | ACU04-1162 | SEAT ADJUST | 1 | 44 | ACU05-0277 | ROLLER PAD CAP | 6 |
| 8 | ACU04-1157 | LEG PEDESTAL | 1 | 45 | ACU06-0363 | PLASTIC WASHER | 12 |
| 10 | ACU02-1071 | PULLEY PLATE | 2 | 46 | ACU05-0146 | 1/2" RH WASHER | 2 |
| 11 | ACU02-1093 | BASE PLATE | 2 | 47 | ACU06-0021 | RH CAP | 2 |
| 12 | ACU05-0295 | C-RING | 2 | 48 | ACU08-0074 | 3/8 X 3/4" FLANGE SPACER | 2 |
| 13 | ACU02-1092 | BOOM PULLEY PLATE | 2 | 49 | ACU08-0066 | 3/8 X 1-1/16" FLANGE SPACER | 2 |
| 14 | ACU04-0905 | RIGHT BOOM PLATE | 1 | 50 | ACU05-0300 | ACCESSORY RING | 2 |
| 15 | ACU04-0904 | LEFT BOOM PLATE | 1 | 51 | ACU03-0042 | 3/8" X 1" SPACER | 9 |
| 16 | ACU07-0100 | SEAT/BACK PAD | 2 | 52 | ACUMD000059 | WEIGHT STACK LABEL | 1 |
| 17 | ACU06-0337 | ROLLER PAD | 6 | 53 | ACUDA1E03813416NB | 3/8 X 1-3/4" BOLT | 10 |
| 18 | ACU01-2155 | 76" GUIDE ROD | 2 | 54 | ACUDAEE51610018YB | 5/16 x 1" BUTTON HEAD | 6 |
| 19 | ACU12-0067 | ADJUST. SEWN HANDLE | 2 | 55 | ACUDA1E03820016NB | 3/8 X 2" BOLT | 2 |
| 20 | ACU12-0068 | SHORT SEWN HANDLE | 2 | 56 | ACU06-0358 | 2" NYLON SPACER | 4 |
| 21 | ACU7292501 | WEIGHT PLATE | 15 | 57 | ACUDA1E03833416NB | 3/8 X 3-3/4" BOLT | 18 |
| 22 | ACU04-0622 | LOW ROW BAR | 1 | 58 | ACUDA1C01210413NB | 1/2 X 104mm BOLT | 1 |
| 23 | ACU10-0204ASY | HEAD PLATE ASSY | 1 | 59 | ACU05-0030 | 12 LINK CHAIN | 1 |
| 24 | ACU04-0932A | 3/4 X 18" TUBE | 1 | 60 | ACUDA1E03823416NB | 3/8 X 2-3/4" BOLT | 2 |
| 25 | ACU04-0934A | 3/4 X 18-3/8" TUBE | 1 | 61 | ACUDA1C01253413NB | 1/2 X 5-3/4" BOLT | 1 |
| 26 | ACU04-0935 | 3/4 X 21" TUBE | 1 | 62 | ACUDB2E01208000B | 1/2" LOW HEIGHT LOCK NUT | 2 |
| 27 | ACU11-0060 | WEIGHT STACK PIN | 1 | 63 | ACUDB2E03811000B | 3/8" LOCK NUT | 40 |
| 28 | ACU06-0034 | WEIGHT STACK CUSHION | 2 | 64 | ACUDC1250100020B | 3/8" FLAT WASHER | 18 |
| 29 | ACU13-0112-2 | WEIGHT STACK CABLE | 1 | 65 | ACU8D4AGG700-3 | FRONT GUIDE CABLE | 2 |
| 30 | ACU13-0112-4 | LEG CABLE | 1 | 66 | ACU04-1100 | FOOT PLATE | 1 |
| 31 | ACU13-0112-5 | ARM CABLE | 1 | 67 | ACUDA1E03830016NB | 3/8 X 3" BOLT | 4 |
| 32 | ACU13-0112-1 | BOOM CABLE | 1 | 68 | ACUDA1E03841416NB | 3/8 X 4-1/4" BOLT | 4 |
| 33 | ACU04-1165 | WEIGHT STACK SPACER | 2 | 70 | ACUDA1E03811416NB | 3/8 X 1-1/4" BOLT | 2 |
| 34 | ACU04-1171 | 3-1/2" CABLE GUARD | 1 | 71 | AP04-0910 | BACK PAD ADJUSTMENT | 1 |
| 35 | ACU04-1342 | 4-1/2" CABLE GUARD | 1 | 72 | P04-0911 | SWIVEL PULLEY ASSEMBLY | 2 |
| 36 | ACU05-0212 | SHAFT COLLAR | 2 | 73 | ACU12-0041 | ANKLE STRAP | 1 |
| 37 | ACU06-0051 | 3-1/2" PULLEY | 18 | 74 | ACU13-0223-6 | REAR GUIDE CABLE | 2 |

## CABLING DIAGRAM 1

| ITEM | QTY. | PART NO. | DESCRIPTION |
|---|---|---|---|
| 1 | 1 | 7726201 | COUPLER, QUICK CONNECT |
| 2 | 1 | 7726401 | HSNG, QUICK CONNECT |
| 3 | 1 | 7726301 | SLEEVE, QUICK CONNECT |
| 4 | 1 | 3249901 | SPRING, QUICK CONNECT |
| 5 | 2 | 3250002 | M5 X 0.8 HXS SOC CS ST BZ X 8 |



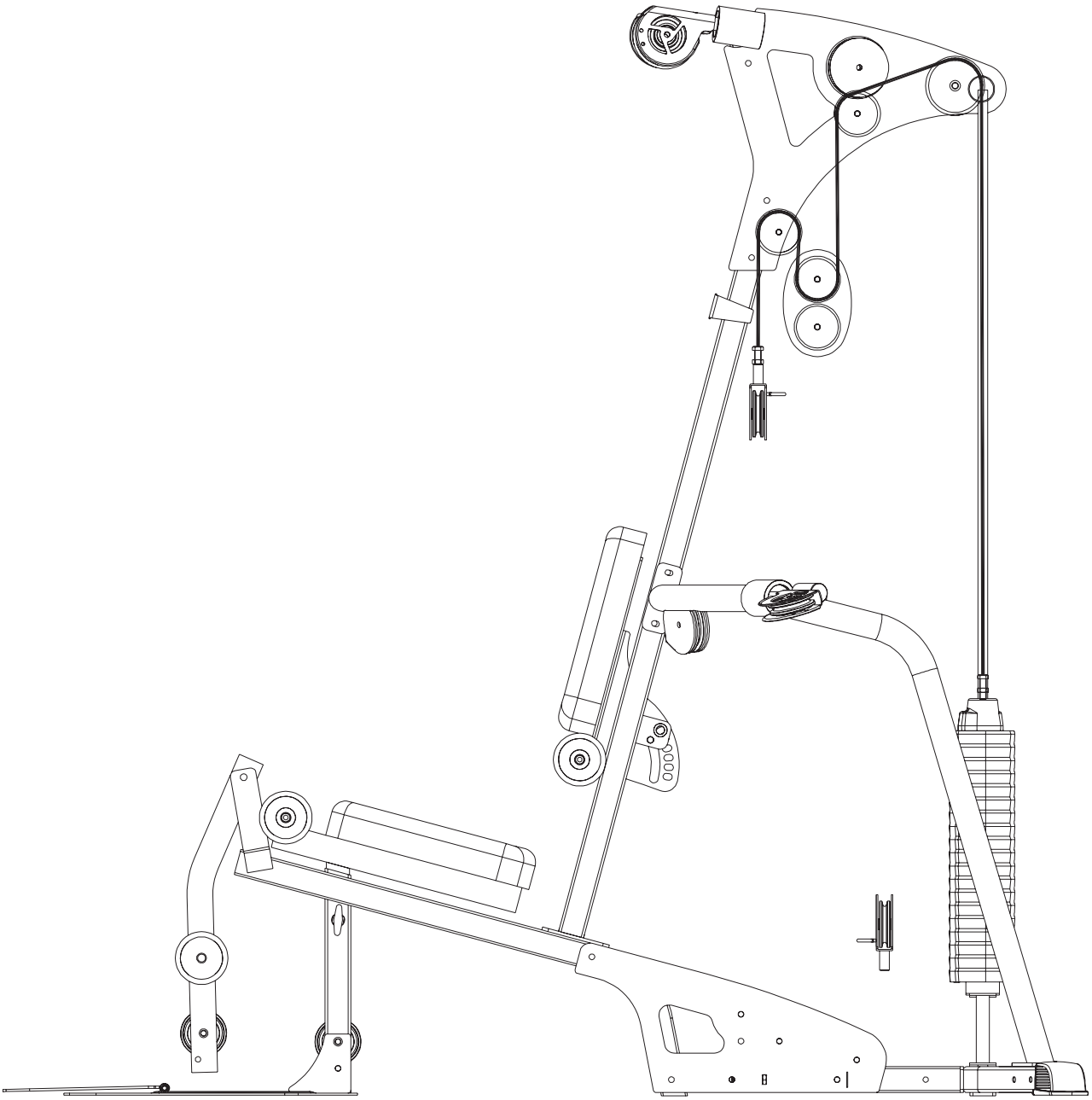

## CABLE END ASSEMBLY:

Slide parts onto cable in the following order: Item 2, Item 4, Item 3.

Insert cable end into Item 1.

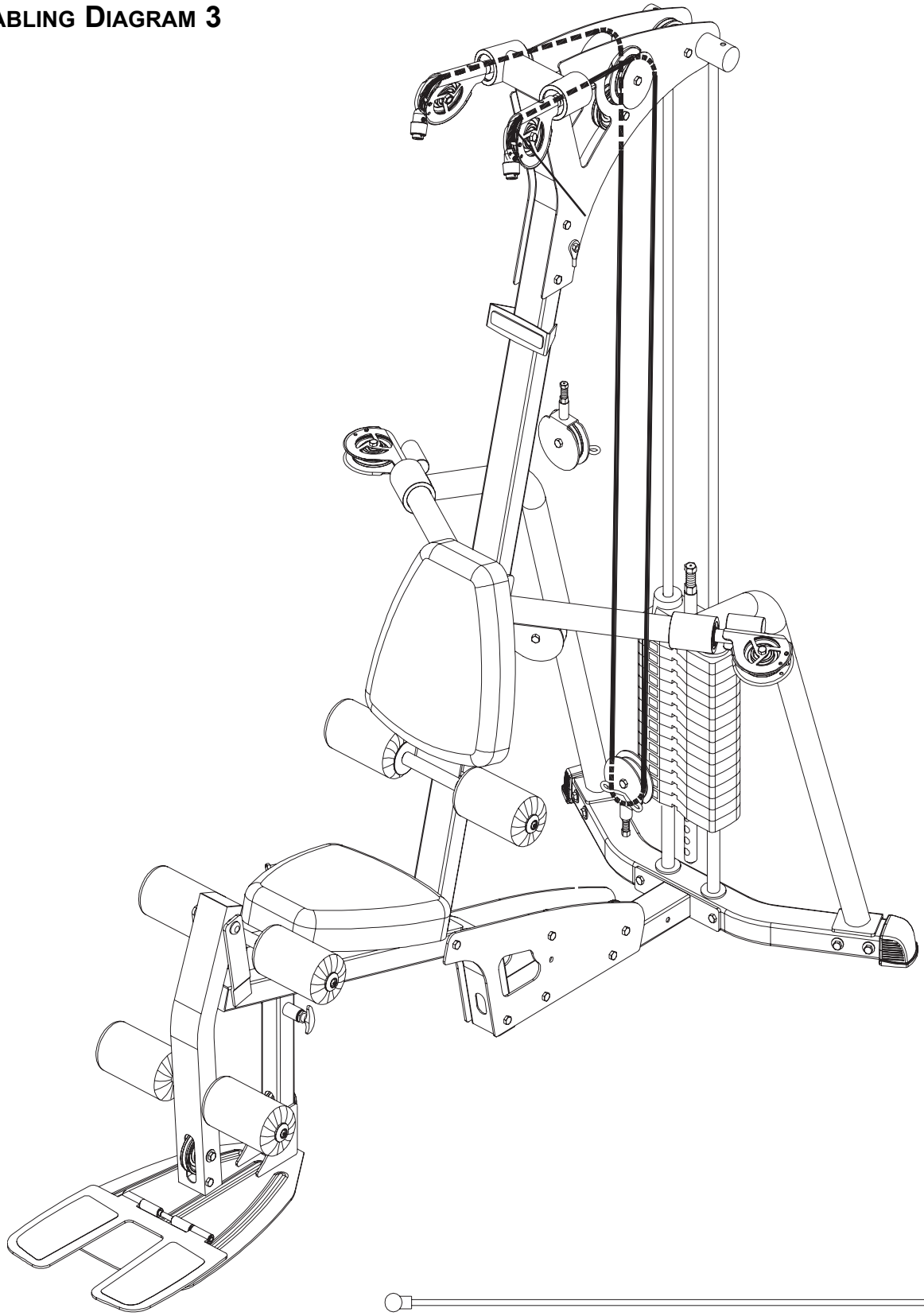
Slide entire assembly over Item 1 and secure it by screwing one Item 5 into both sides of Item 2 and tightening.

## CABLING DIAGRAM 2



**P13-0112-2**

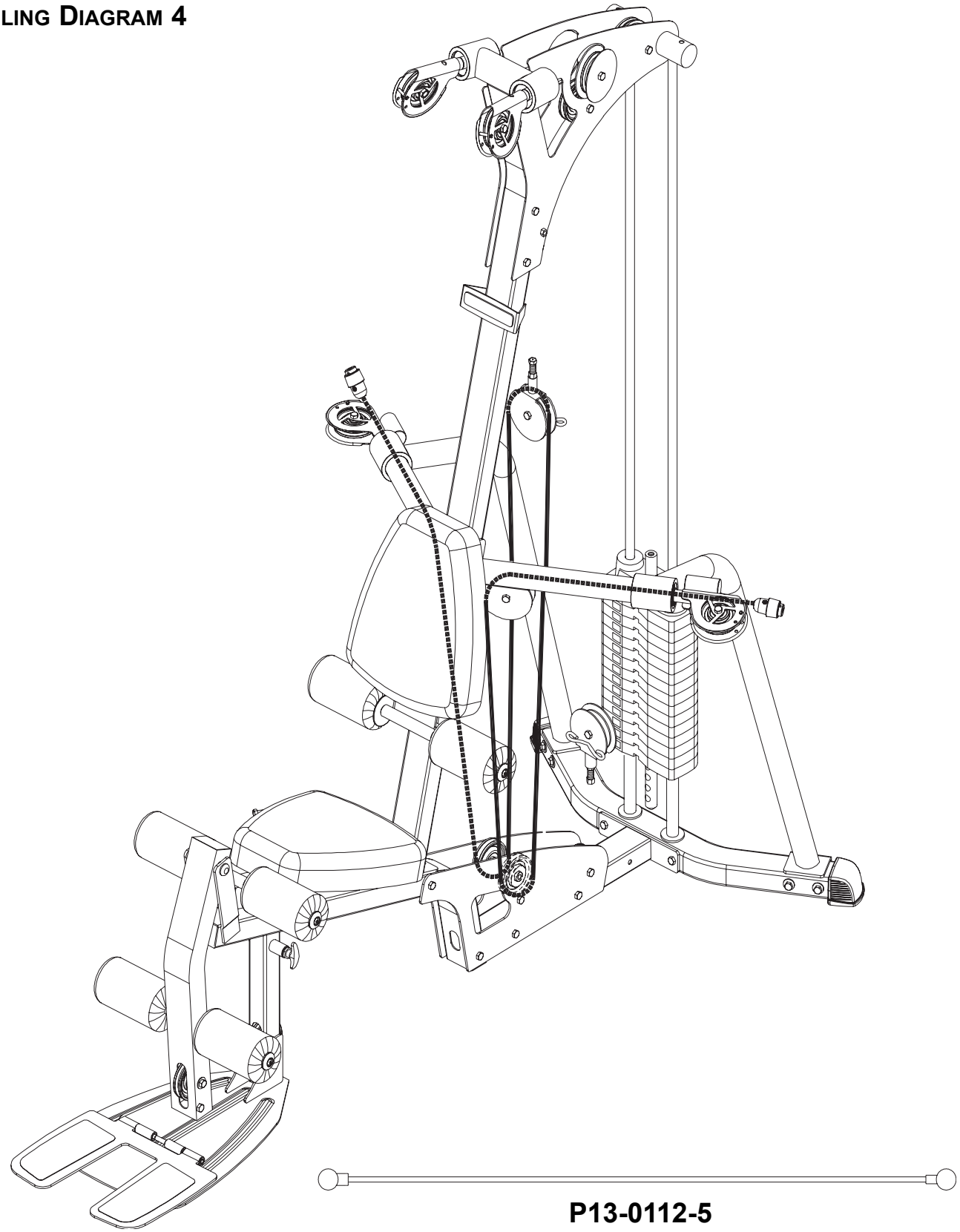
## CABLING DIAGRAM 3





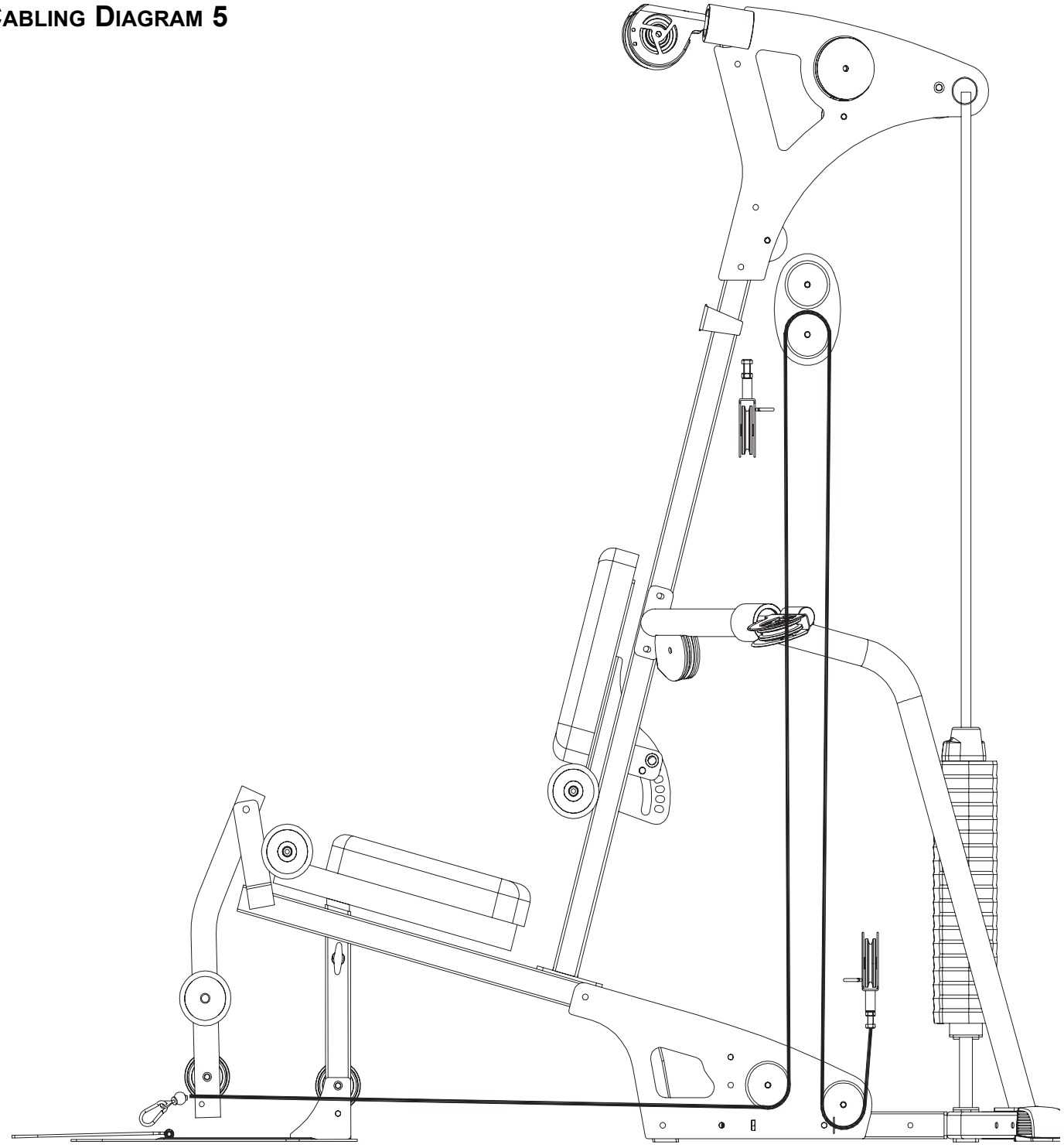
**P13-0112-1**

## CABLING DIAGRAM 4



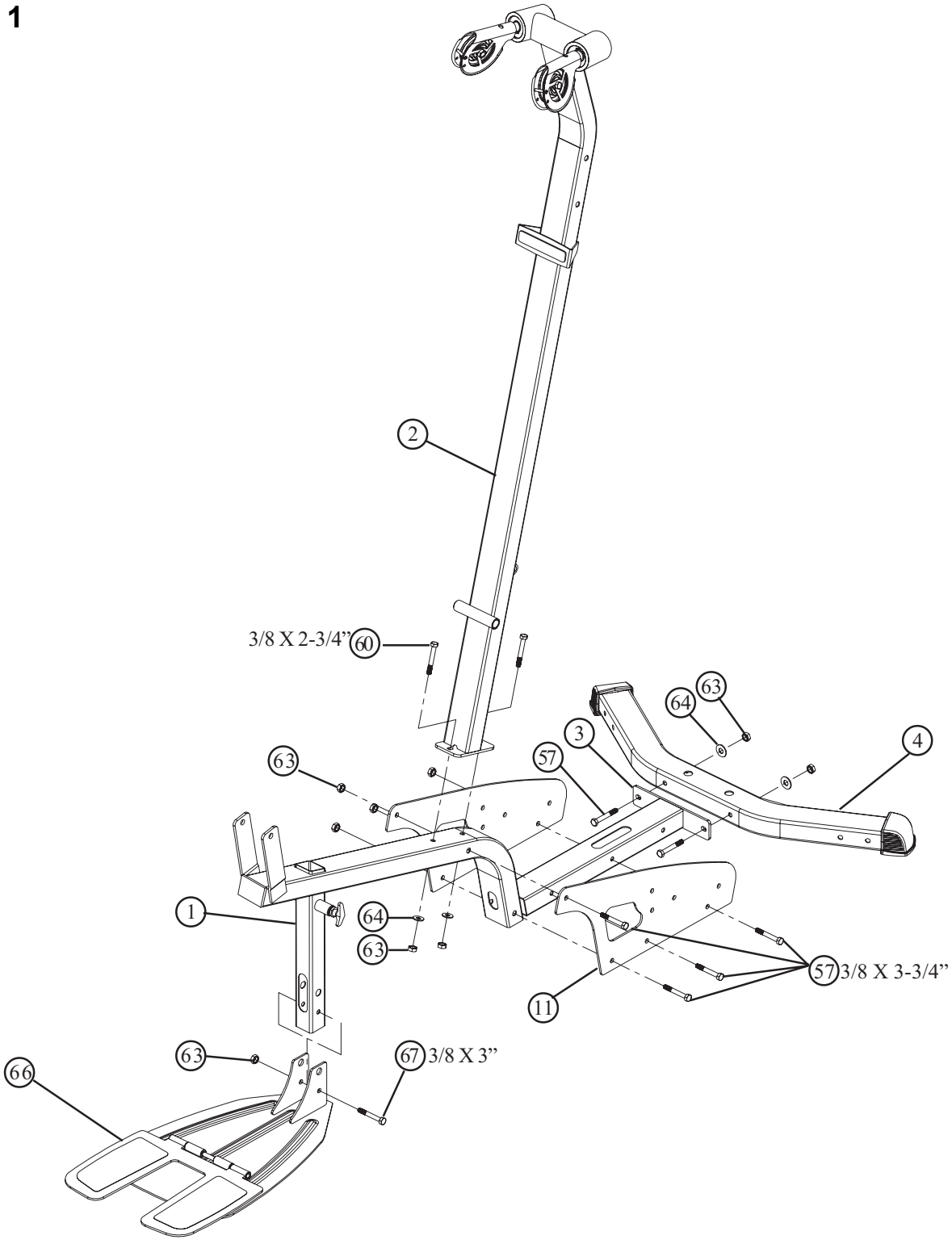
**P13-0112-5**

## CABLING DIAGRAM 5



**P13-0112-4**

**FIGURE 1**




## STEP 1:

A. Loosely assemble two Base Plates (11) to the Front Base (1) and the Base Connector (3) using four 3/8 x 3-3/4" Bolts (57) and four 3/8" Lock Nuts (13). See Figure 1.

B. Loosely assemble the Footplate (66) to the Front Base (1) using one 3/8 x 3" Bolt (67) and one 3/8" Lock Nut (63) as shown in Figure 1.

C. Loosely assemble the Rear Base (4) to the Base Connector (3) using two 3/8 x 3-3/4" Bolts (57), two 3/8" Washers (64) and two 3/8" Lock Nuts (63).

D. Loosely assemble the Upright (2) to the Front Base (1) using two 3/8 x 2-3/4" Bolts (60), two 3/8" Washers (64) and two 3/8" Lock Nuts (63).

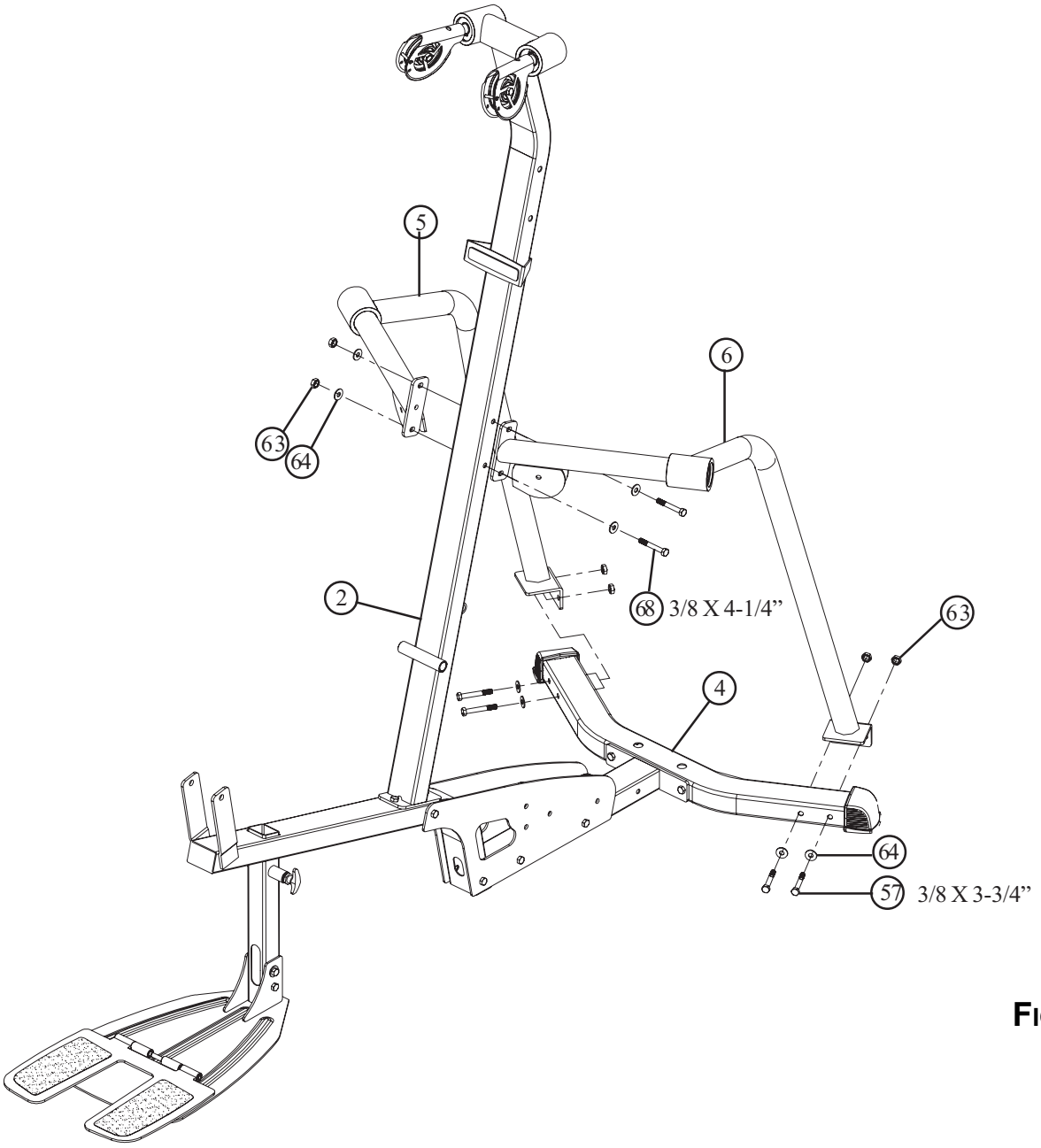


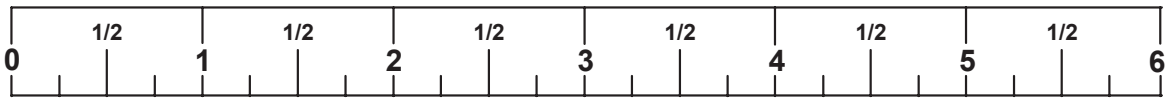

**FIGURE 2**

## STEP 2:

A. Loosely assemble the Right Arm (5) and Rear Base (4) using two 3/8 x 3-3/4" Bolts (57), two 3/8" Washers (64) and two 3/8" Lock Nuts (63).

B. Loosely assemble the Left Arm (66) and Rear Base (4) using two 3/8 x 3-3/4" Bolts (57), two 3/8" Washers (64) and two 3/8" Lock Nuts (63).

C. Loosely assemble both the Left Arm (5) and the Right Arm (6) to the Upright (2) using two 3/8 x 4-1/4" Bolts (57), four 3/8" Washers (64) and two 3/8" Lock Nuts (63).



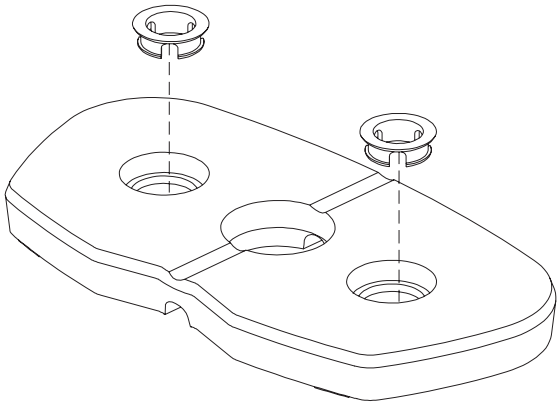


**FIGURE 3**

Make sure that the Weight Plates (21) are assembled as shown in Figure 3 and the Head Plate Assembly (23) is assembled as shown in Figure 4.

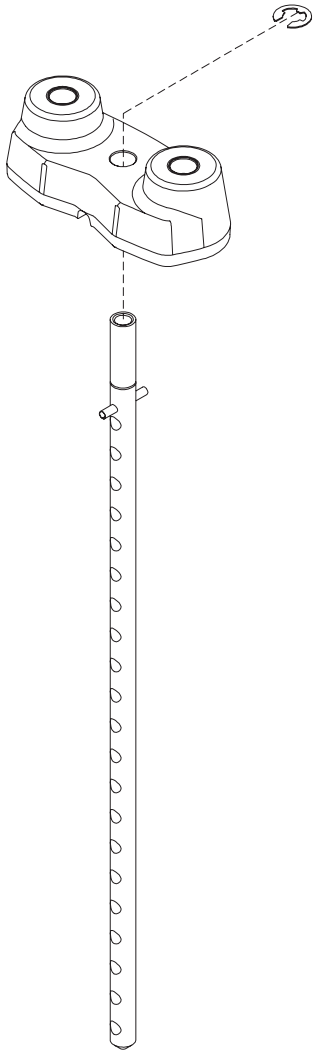


**FIGURE 4**

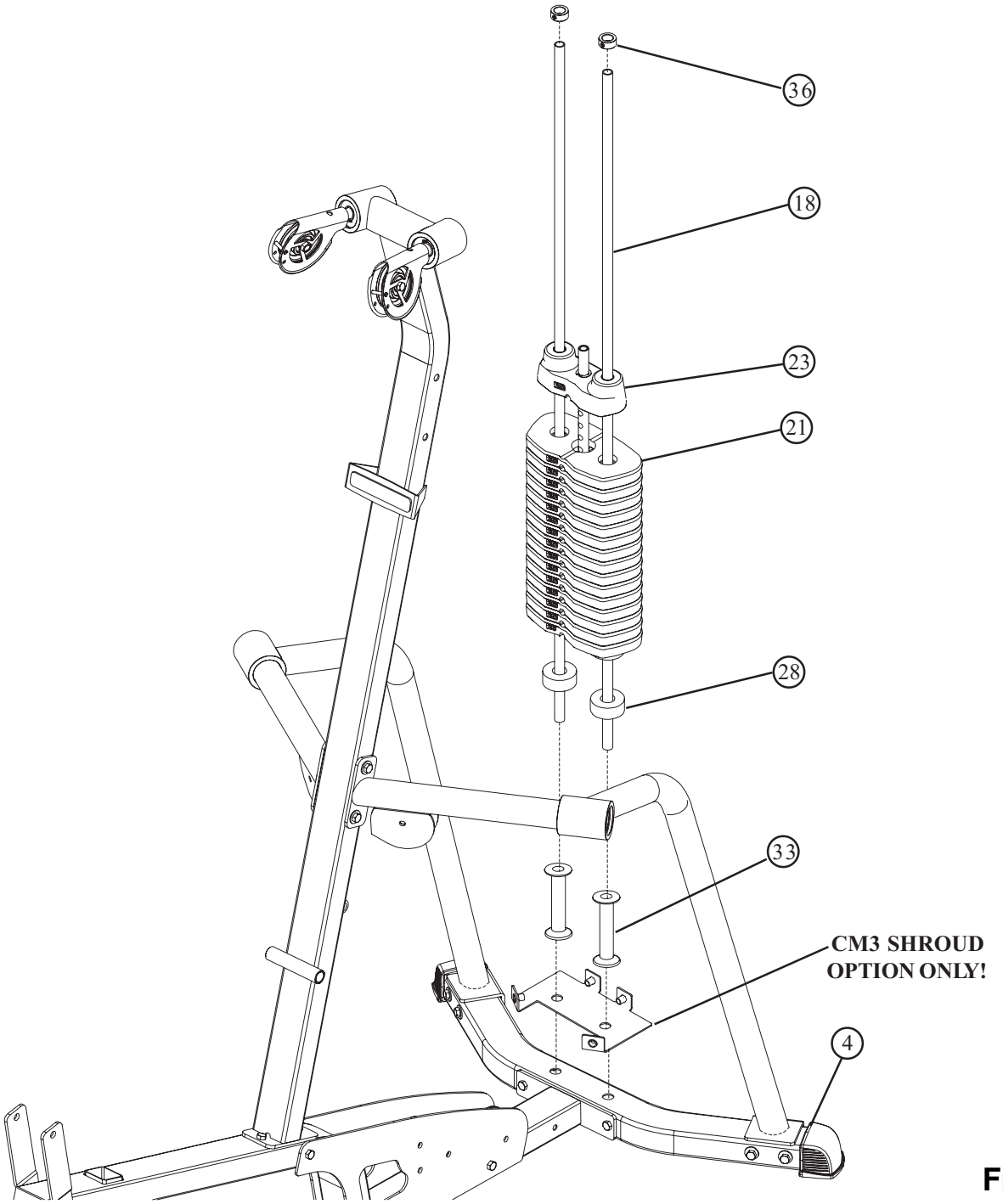



**FIGURE 5**

## STEP 5:

A. Insert two Guide Rods (18) into the Rear Base (4) as shown in Figure 5. (Note: If you purchased the CM3 Shroud Option, place the Guide Rods (18) through the Bottom Shroud Bracket (found in Shroud Option box) and into the Rear Base (4) as shown in Figure 5.)

B. Lubricate Guide Rods (18) with silicon lube included with gym, or a silicon or teflon lube spray.

C. Slide two Weight Stack Spacers (33) and two Weight Stack Cushions (28) over Guide Rods (18).

D. Using extreme care, slide all fifteen Weight Plates (21) over the Guide Rods (18) and down onto the Weight Stack Cushions (28). Make sure the Weight Plates (21) all face as shown.

E. Slide the Head Plate Assembly (23) down the Guide Rods (18), onto the weight plate stack.

F. Slide two Shaft Collars (36) over the Guide Rods (18) as shown in Figure 5.

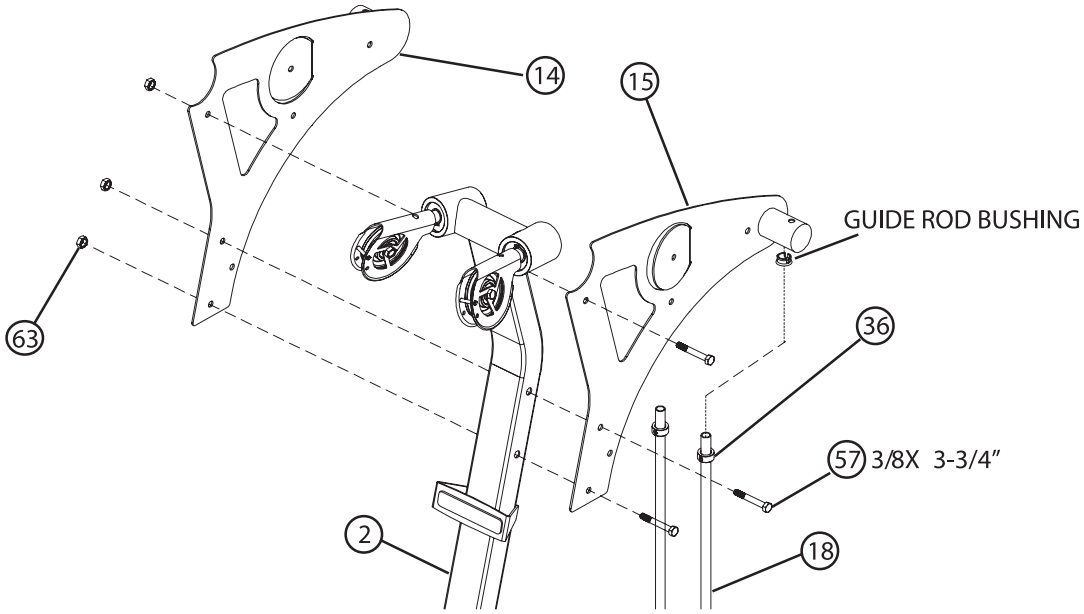



**FIGURE 6**

## STEP 6:

A. Swing the Guide Rods (18) into the guide rod bushings in the Right Boom Plate (14) and Left Boom Plate (15) as shown in Figure 6.

B. Loosely assemble the Right Boom Plate (14) and Left Boom Plate (15) to the Upright (2) using three 3/8 x 3-3/4" Bolts (57) and three 3/8" Lock Nuts (63). See Figure 6.

C. **Securely tighten all the nuts and bolts on the gym, starting with the nuts and bolts on the frame, before proceeding any further.**

D. Slide the Shaft Collars (36) to the top of the Guide Rods (18) and tighten set screws as shown in Figure 6.

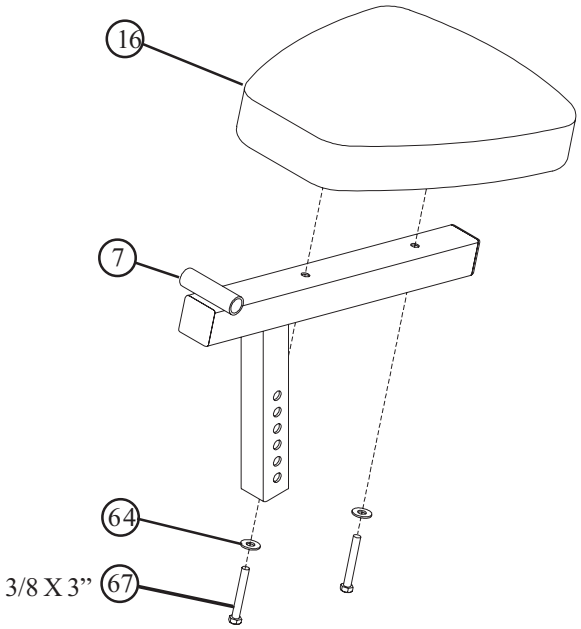



**FIGURE 7**

## STEP 7:

A. Securely assemble one Seat/Back Pad (16) to the Seat Adjust (7) using two 3/8 x 3" Bolts (67) and two 3/8" Washers (64). See Figure 7.

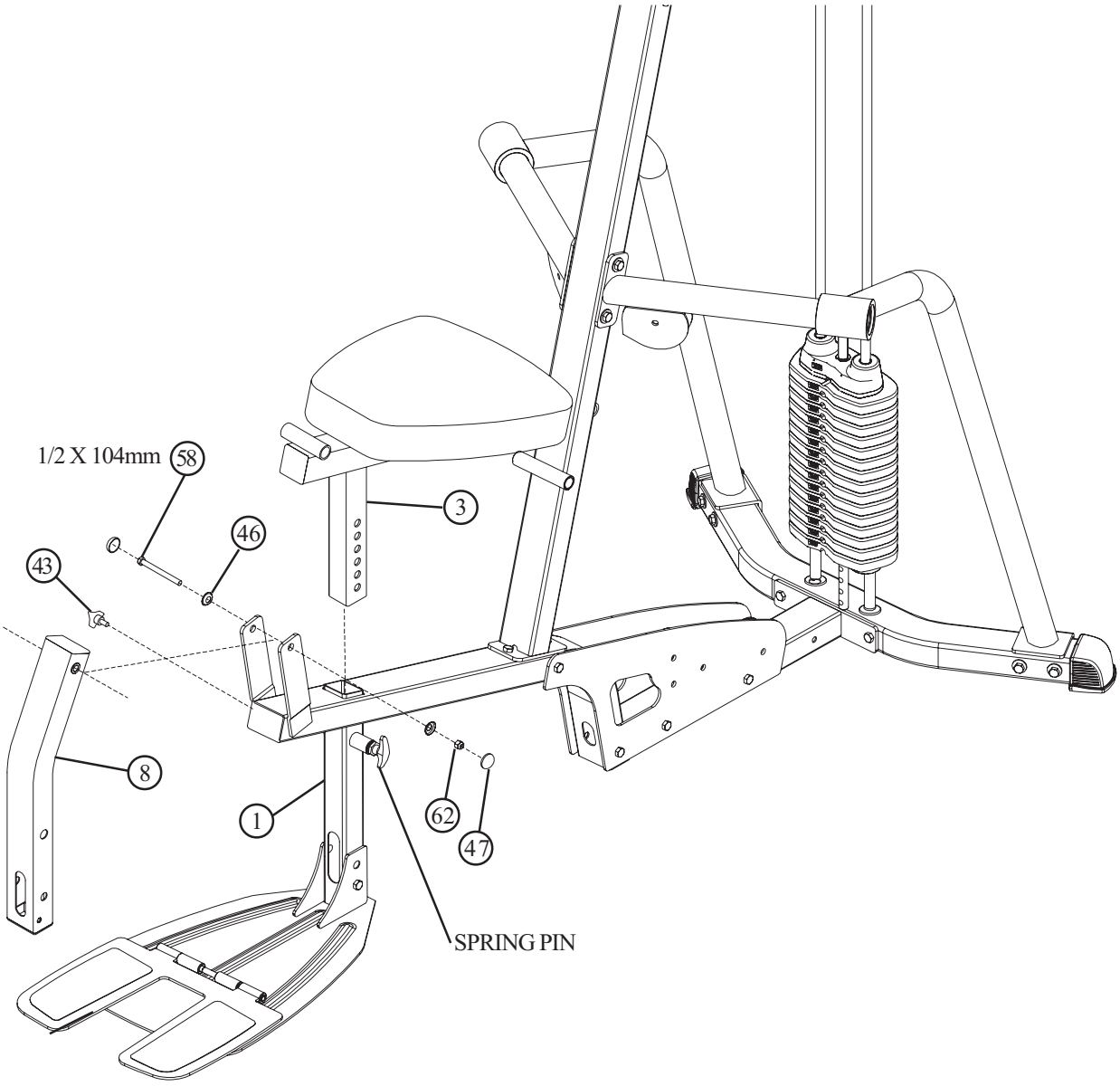



**FIGURE 8**

## STEP 8:

A. Securely assemble the Three Prong Knob (43) to the Front Base (1) as shown.

B. Insert the Seat Adjust Assembly (7) into the Front Base (1) as shown. The seat height can be adjusted using the Spring Pin and can be secured with the Three Prong Knob (43).

C. Assemble the Leg Pedestal (8) to the Front Base (1) using two RH caps (47), one 1/2 x 104mm Bolt (58), two 1/2" Washers (46) and one 1/2" Low Height Lock Nut (62).

**Note:** Tighten this connection enough to prevent excess play yet allow the Leg Pedestal to rotate freely.

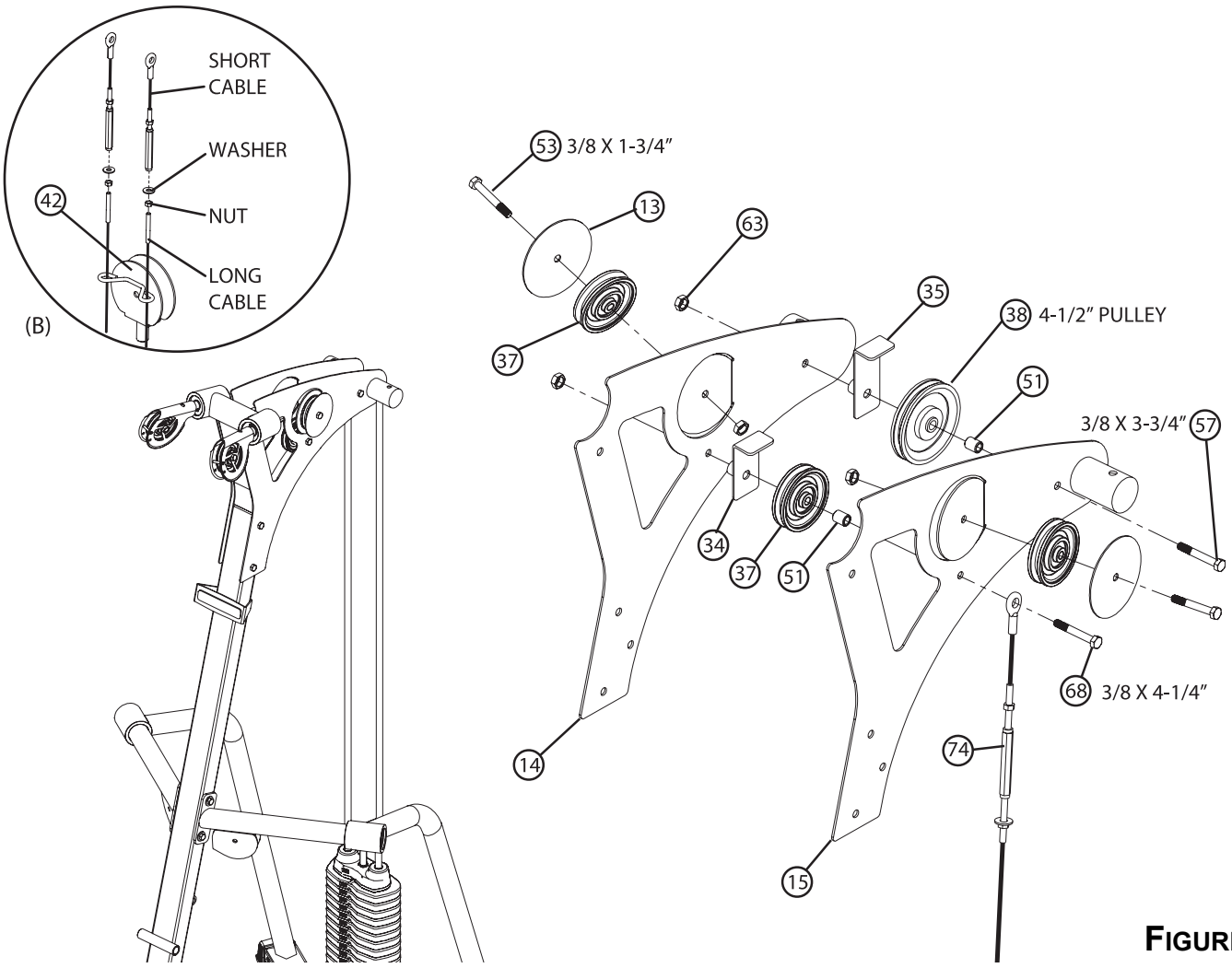



**FIGURE 9**

## STEP 9:

A. Detach Short Cable from both Rear Guide Cables (74) as shown in Figure 9 (B).

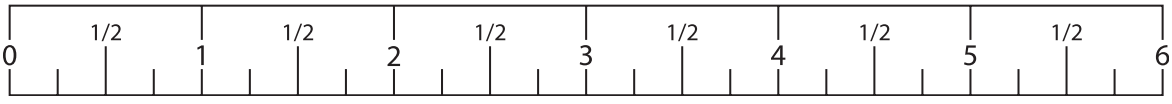
B. Slide Long Cables of Rear Guide Cables (74) through eyelets of Guide Bracket (42) as shown in Figure 9 (B). Reattach Short Cable of Rear Guide Cables (74) to Long Cable, leaving Guide Bracket (42) loose.

D. Assemble two Boom Pulley Plates (13) and two 3-1/2" Pulleys (37) to the Boom Plates (14 & 15) using two 3/8 x 3-3/4" Bolts (57) and two 3/8" Lock Nuts (63). See Figure 9.

E. Loosely assemble one 4-1/2" Pulley (38), one 4-1/2" Cable Guard (35) and one 1" Spacer (51) to the Boom Plates (14 & 15), using one 3/8 x 3-3/4" Bolt (57) and one 3/8" Lock Nut (63).

F. Loosely assemble one 3-1/2" Pulley (37), one 3-1/2" Cable Guard (34), one 1" Spacer (51) and both Rear Guide Cables (74) to the Boom Plates (14 & 15), using one 3/8 x 4-1/4" Bolt (68) and one 3/8" Lock Nut (63).

**NOTE:** Guide Bracket (42) will remain loose until attached to pulley assembly in later step.



## IMPORTANT!

## UNCOIL AND STRAIGHTEN ALL CABLES TO REMOVE ALL TWISTS BEFORE INSTALLING.

### STEP 10:

A. Assemble the Weight Stack Pin (27) to the Head Plate Assembly (23) as shown in Figure 10.

B. Screw the long threaded end of the Weight Stack Cable (29) into the end of the Head Plate Assembly (23). See Figure 10.

C. Route the Weight Stack Cable (29) around the pulleys in the Boom Plates (14 & 15) as shown in Figure 10.

   Note: Make sure the cable runs in the grooves of the pulleys.

D. Tighten the two 3/8 x 3-3/4" Bolts (57) holding the 3-1/2" Cable Guard (34) and the 4-1/2" Cable Guard (35)

   Note: Make sure the guards are oriented correctly.

E. Assemble two Pulley Plates (10) around one 3-1/2" Pulley (37), using one 3/8 x 1-3/4" Bolt (53) and one 3/8" Lock Nut (63) as shown in Figure 10.

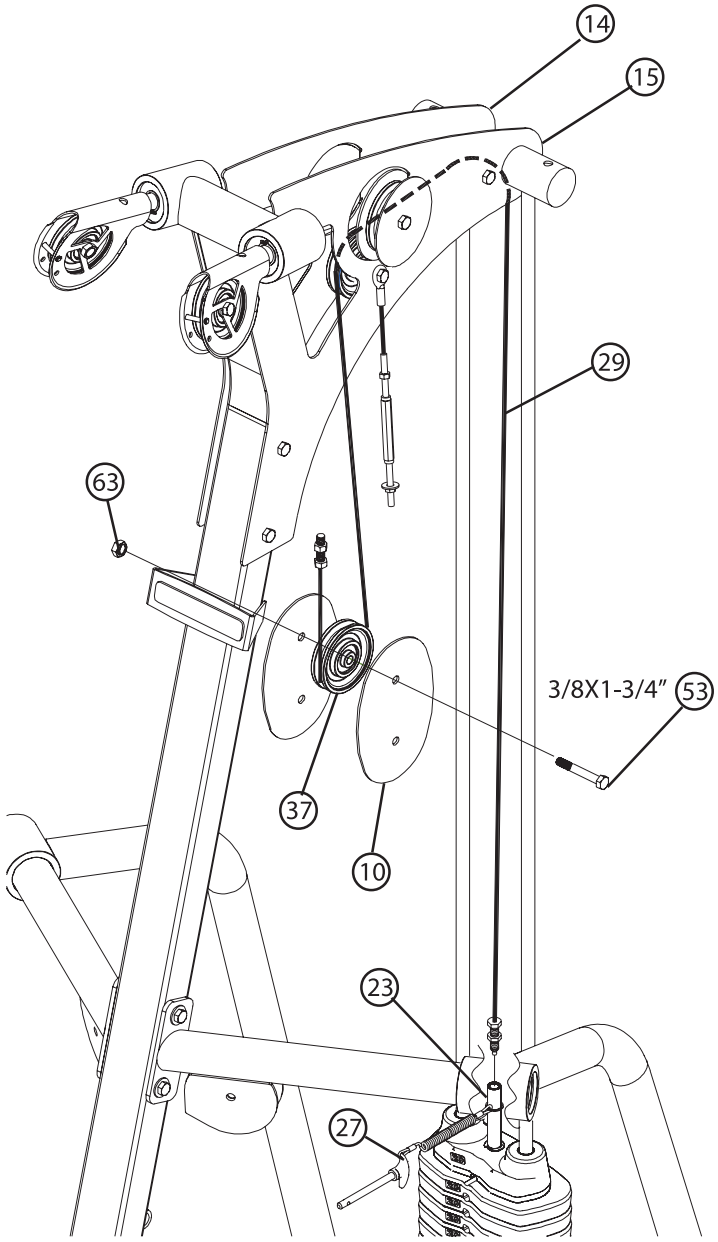



**FIGURE 10**

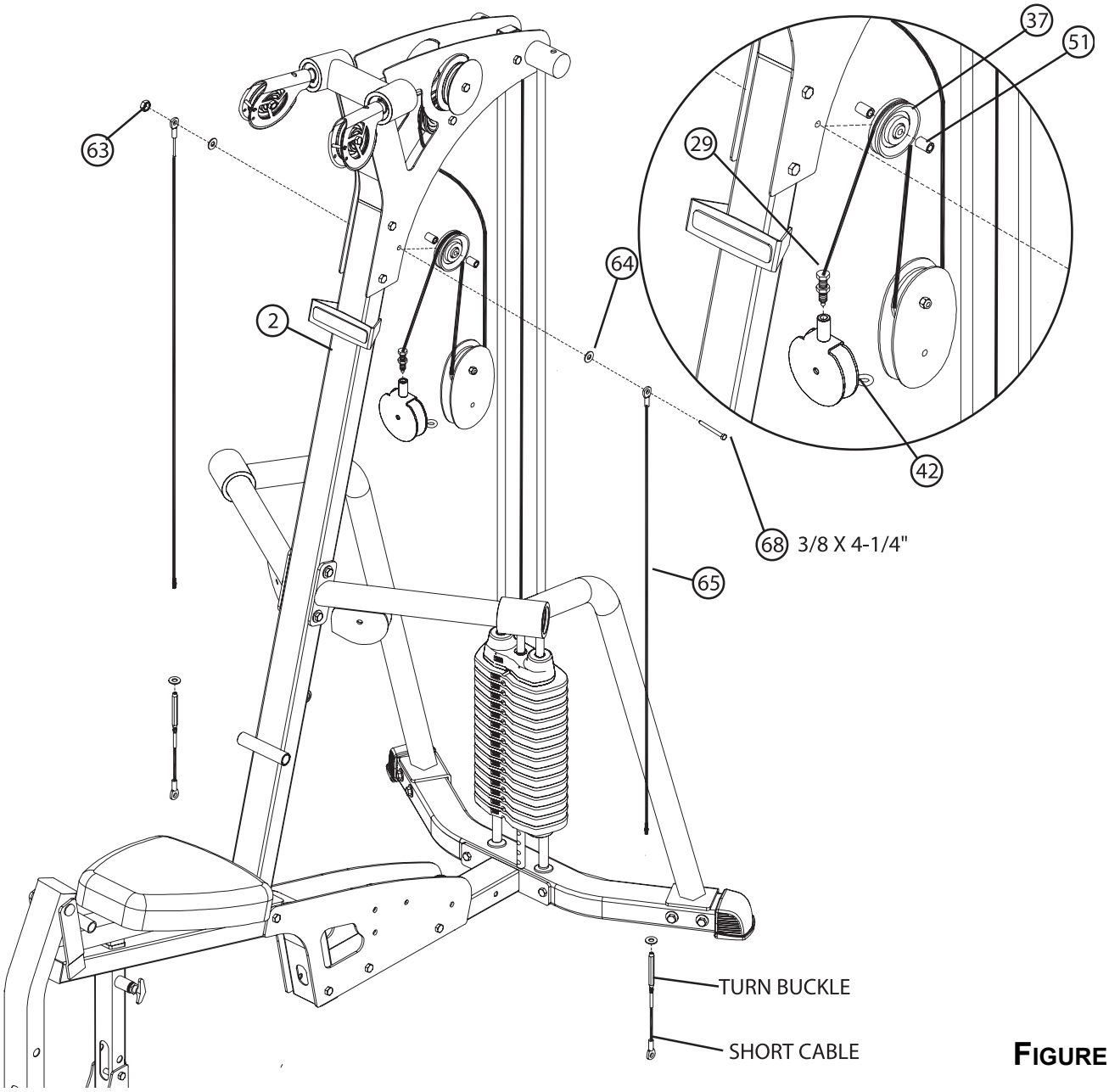



**FIGURE 11**

## STEP 11:

A. Loop the Weight Stack Cable (29) around one 3-1/2" Pulley (37).

B. Assemble the 3-1/2" Pulley (37) with the Weight Stack Cable (29) around it to the Boom Plates (14 & 15) using one 3/8 x 4-1/4" Bolt (68), two 3/8" Flat Washers (64), two Guide Cables (65), two 3/8 x 1" Spacers (51) and one 3/8" Lock Nut (63). See Figure 11.

C. Screw the short threaded end of the Weight Stack Cable (29) into the end of the Guide Bracket (42). See Figure 11.

D. Disassemble the Short Cables and the Turnbuckles on the ends of the Guide Cables (65) as shown in Figure 11. Set these pieces aside; the Guide Cables will be reassembled later.

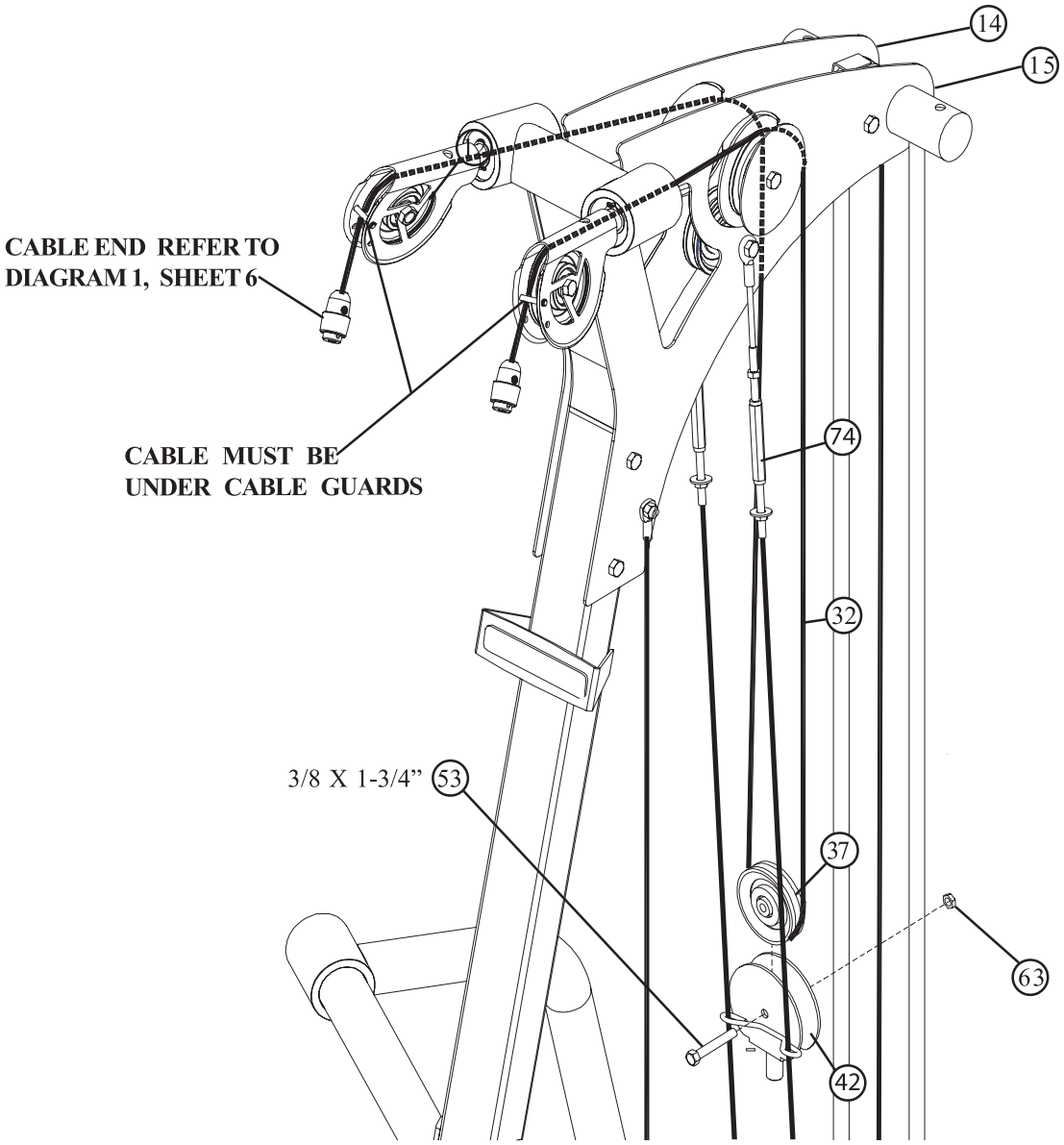



**FIGURE 12**

## STEP 12:

A. Loop the Boom Cable (32) around one 3-1/2" Pulley (37).

B. Assemble the 3-1/2" Pulley (37) with the Boom Cable (32) looped around it to the Guide Bracket (42), using one 3/8 x 1-3/4" Bolt (53) and one 3/8" Lock Nut (63).

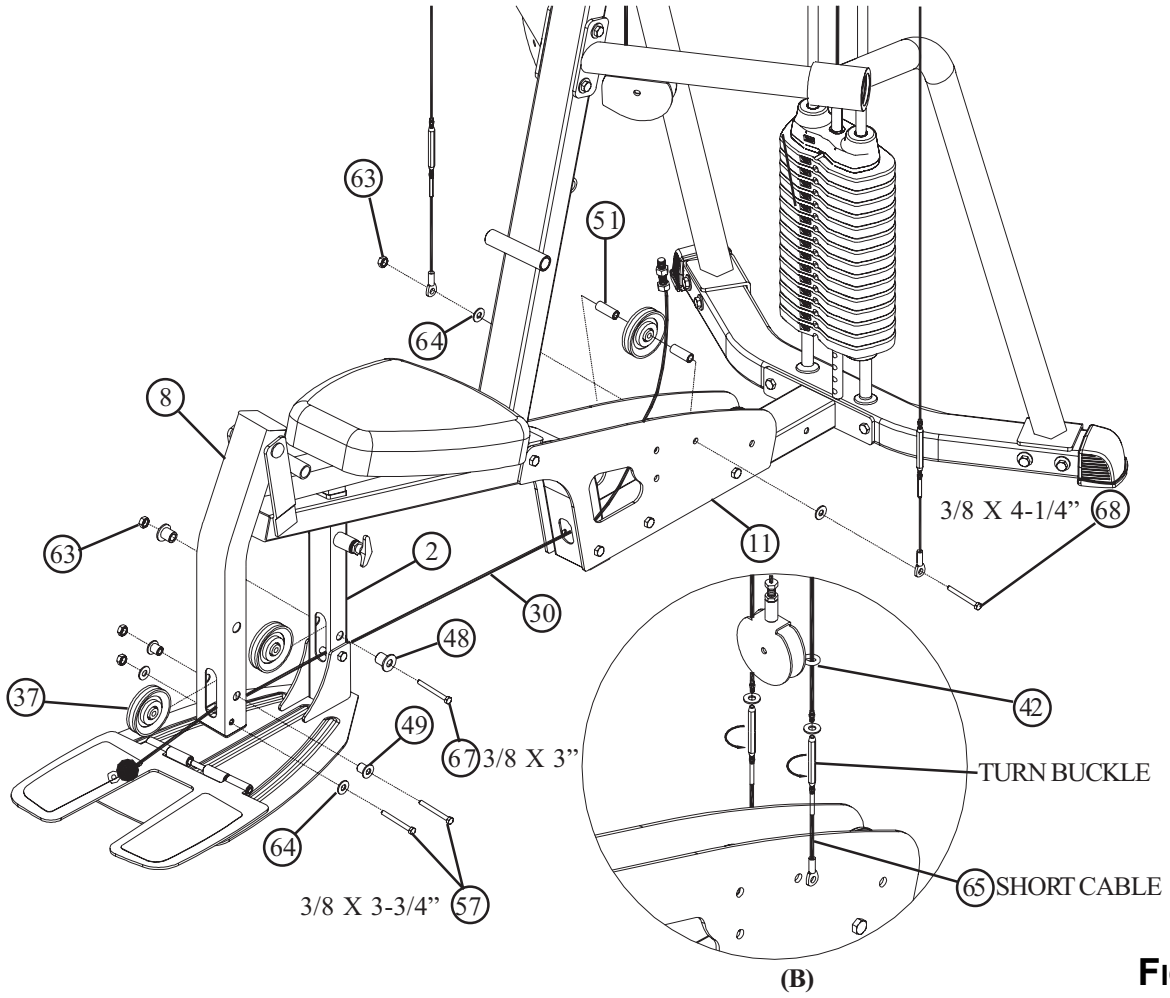



**FIGURE 13**

## STEP 13:

A. Securely assemble the ball end of the Leg Cable (30) and one 3-1/2" Pulley (37) to the Leg Pedestal (8), using two 3/8 x 3-3/4" Bolts (57), two 3/8 x 1-1/16" Flange Spacers (49), two 3/8" Flat Washers (64) and two 3/8" Lock Nuts (63).

**Note:** The Leg Cable (30) must be routed over the retaining bolt as shown in Figure 13.

B. Securely assemble one 3-1/2" Pulley (37) to the Front Base (1), using one 3/8 x 3" Bolt (67), two 3/8 x 3/4" Flange Spacers (49), two 3/8" Flat Washers (64) and one 3/8" Lock Nut (63).

**Note:** The Leg Cable (30) must be routed over the retaining bolt as shown in Figure 13.

C. Carefully slide the Guide Cables (65) through the Guide Bracket (43) as shown in Figure 13(B).

D. Reassemble the ends of the Guide Cables as shown in Figure 13(B)by attaching the Short Cables and Turnbuckles that were removed in Step 11(D).

E. Assemble one 3-1/2" Pulley (37) to the Base Plates (11), using one 3/8 x 4-1/4" Bolt (68), two 3/8" Flat Washers (64), two Guide Cables (65), two 3/8 x 1" Spacers (51) and one 3/8" Lock Nut (63).

**Note:** Loop the Leg Cable (30) around the 3-1/2" Pulley (37) before attaching it to the Base Plates (11), as shown in Figure 13.

F. Adjust the Turnbuckle on each Guide Cable (65) to add tension to the Guide Cables (65) until they are taut. Secure Turnbuckle with the Jam Nuts as seen in Figure 13(B).

## STEP 14:

A. Securely assemble one 3-1/2" Pulley (37) to the Pulley Plates (10), using one 3/8 x 1-3/4" Bolt (53) and one 3/8" Lock Nut (63).

**Note:** Loop the Leg Cable (30) over the Pulley before assembling the Pulley Plates, as shown in Figure 14.

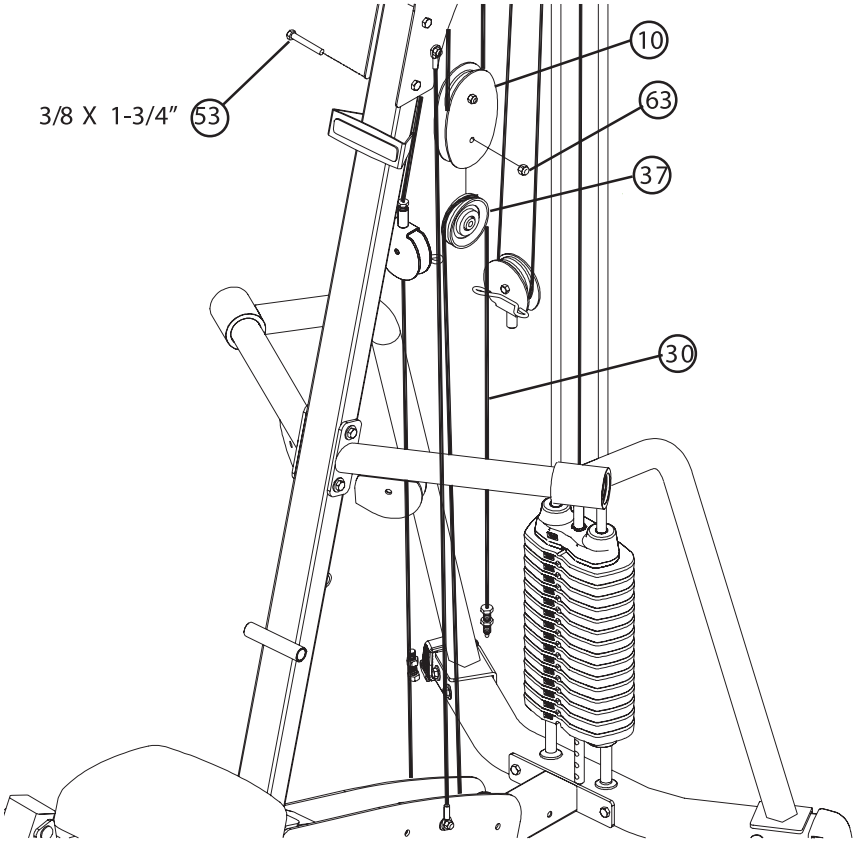



**FIGURE 14**

## STEP 15:

A. Securely assemble one 3-1/2" Pulley (37) and both Rear Guide Cables (74) to the Base Plates (11), using one 3/8 x 4-1/4" Bolt (68), two 3/8 x 1" Spacers (51) and one 3/8" Lock Nut (63).

**Note:** Loop the Leg Cable (30) over the Pulley before assembling the Base Plates, as shown in Figure 15.

B. Adjust the Turnbuckle at the top of each Rear Guide Cable (74) to add tension to the Rear Guide Cables (74) until they are taut.

C. Screw the threaded end of the Leg Cable (30) into the end of the Pulley Bracket (9).

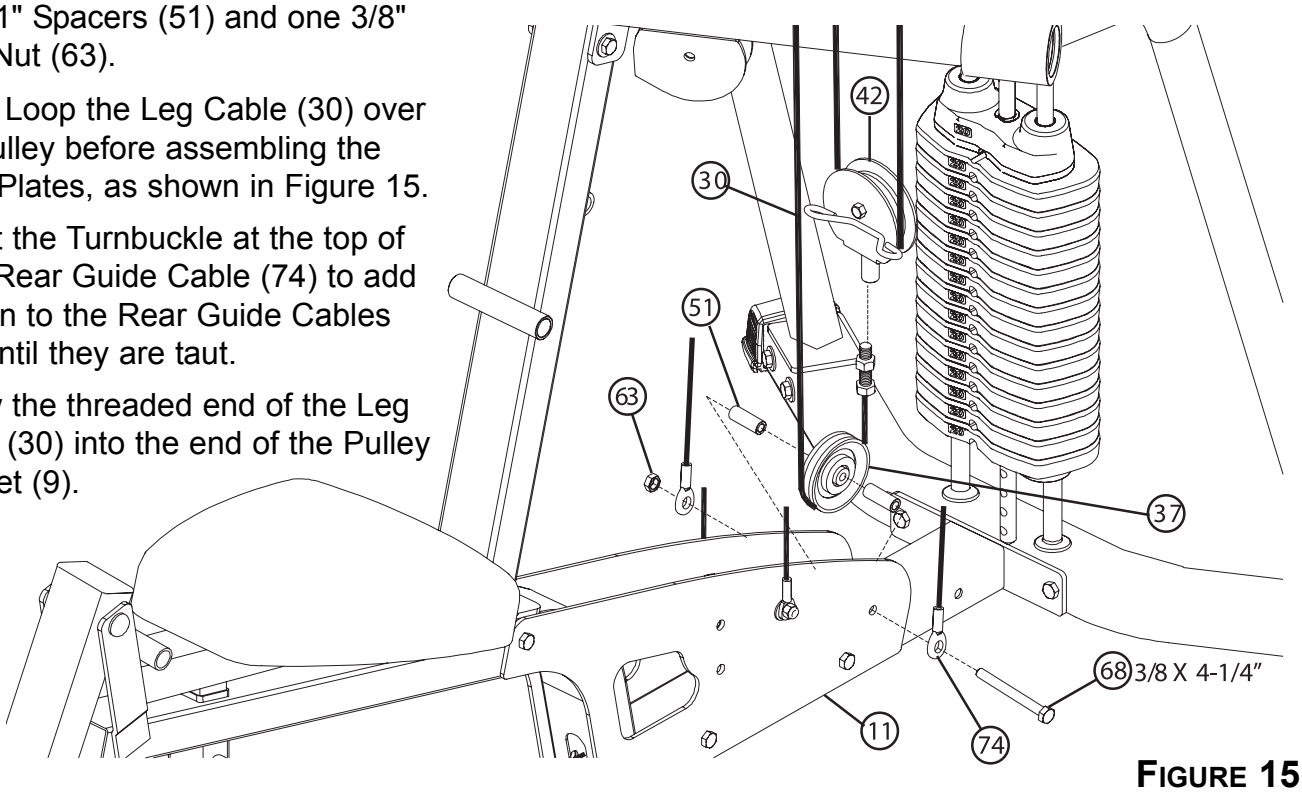



**FIGURE 15**

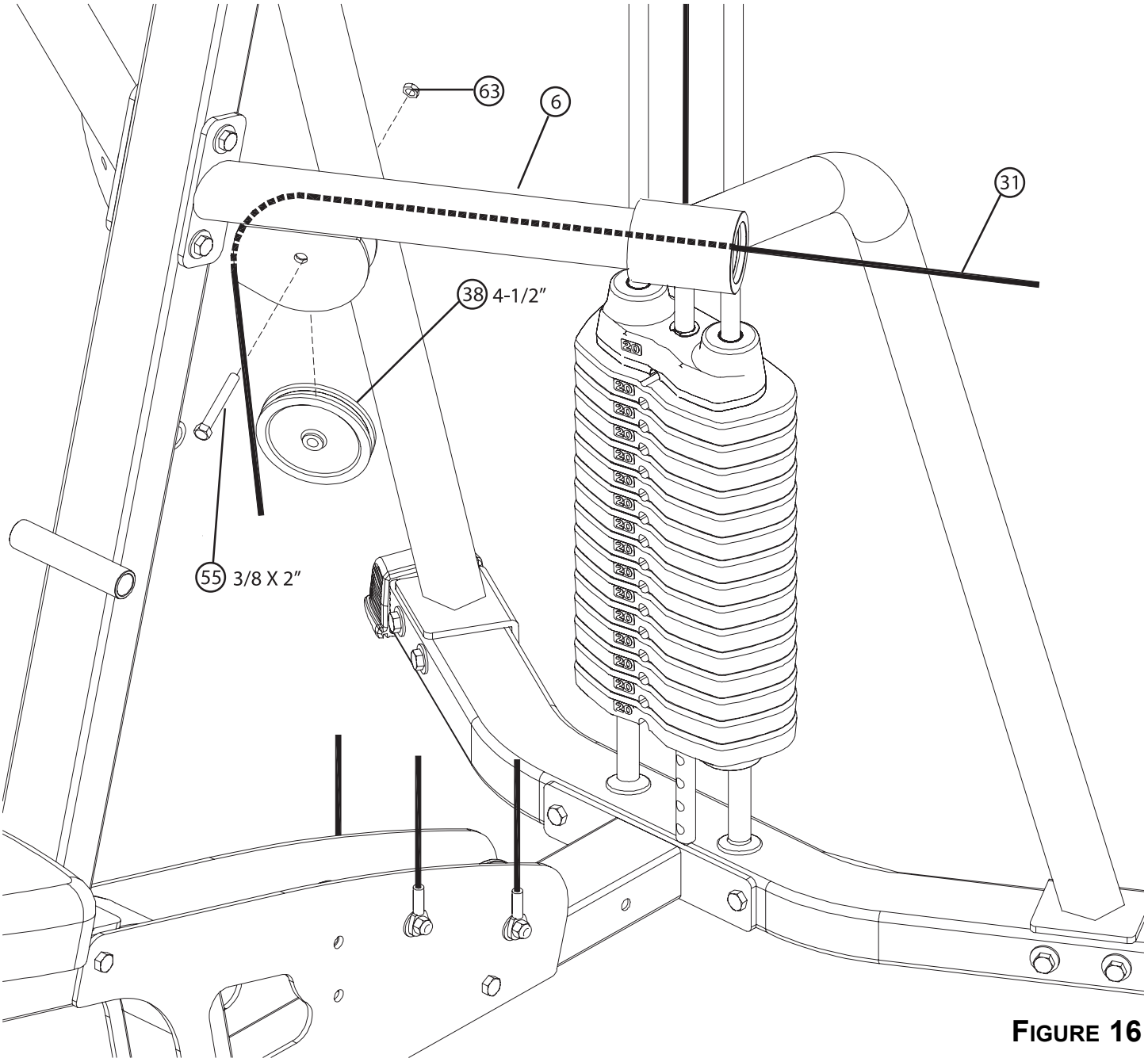



**FIGURE 16**

## STEP 16:

A. Route the Arm Cable (31) through the Left Arm (6) as shown in Figure 16.

B. Loop the Arm Cable (31) around one 4-1/2" Pulley (38).

C. Securely assemble the 4-1/2" Pulley (38) with the Arm Cable (31) around it to the Left Arm (6), using one 3/8 x 2" Bolt (55) and one 3/8" Lock Nut (63).

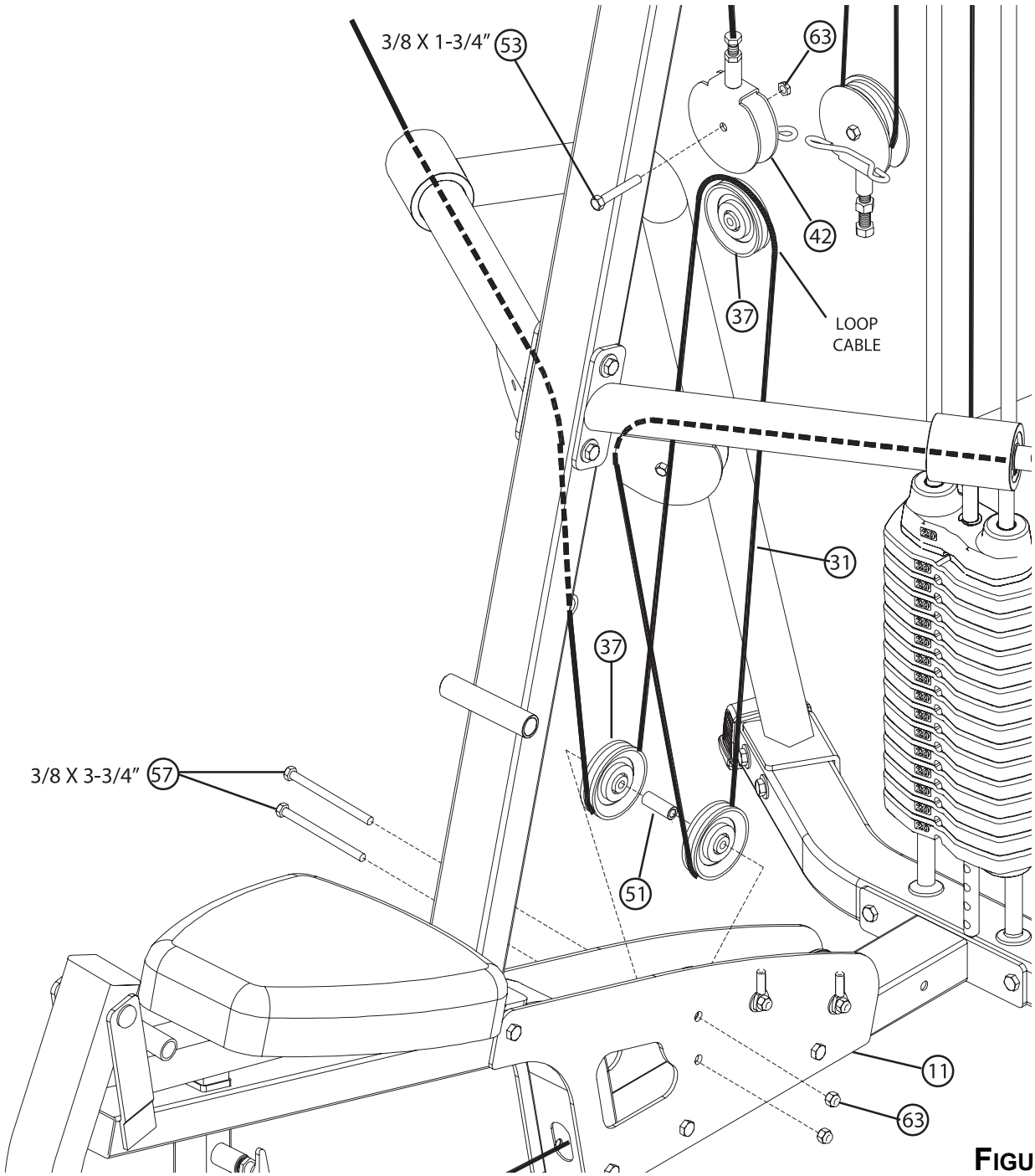



**FIGURE 17**

## STEP 17:

A. Securely assemble two 3-1/2" Pulleys (37) to the Base Plates (11), using two 3/8 x 3-3/4" Bolts (57), one 3/8 x 1" Spacer (51) and two 3/8" Lock Nuts (63).

B. Loop the Arm Cable (31) between the two Pulleys (37) around one 3-1/2" Pulley (37) as shown in Figure 17.

C. Securely assemble the 3-1/2" Pulley (37) with the Arm Cable (31) around it to the Guide Bracket (42), using one 3/8 x 1-3/4" Bolt (55) and one 3/8" Lock Nut (63).

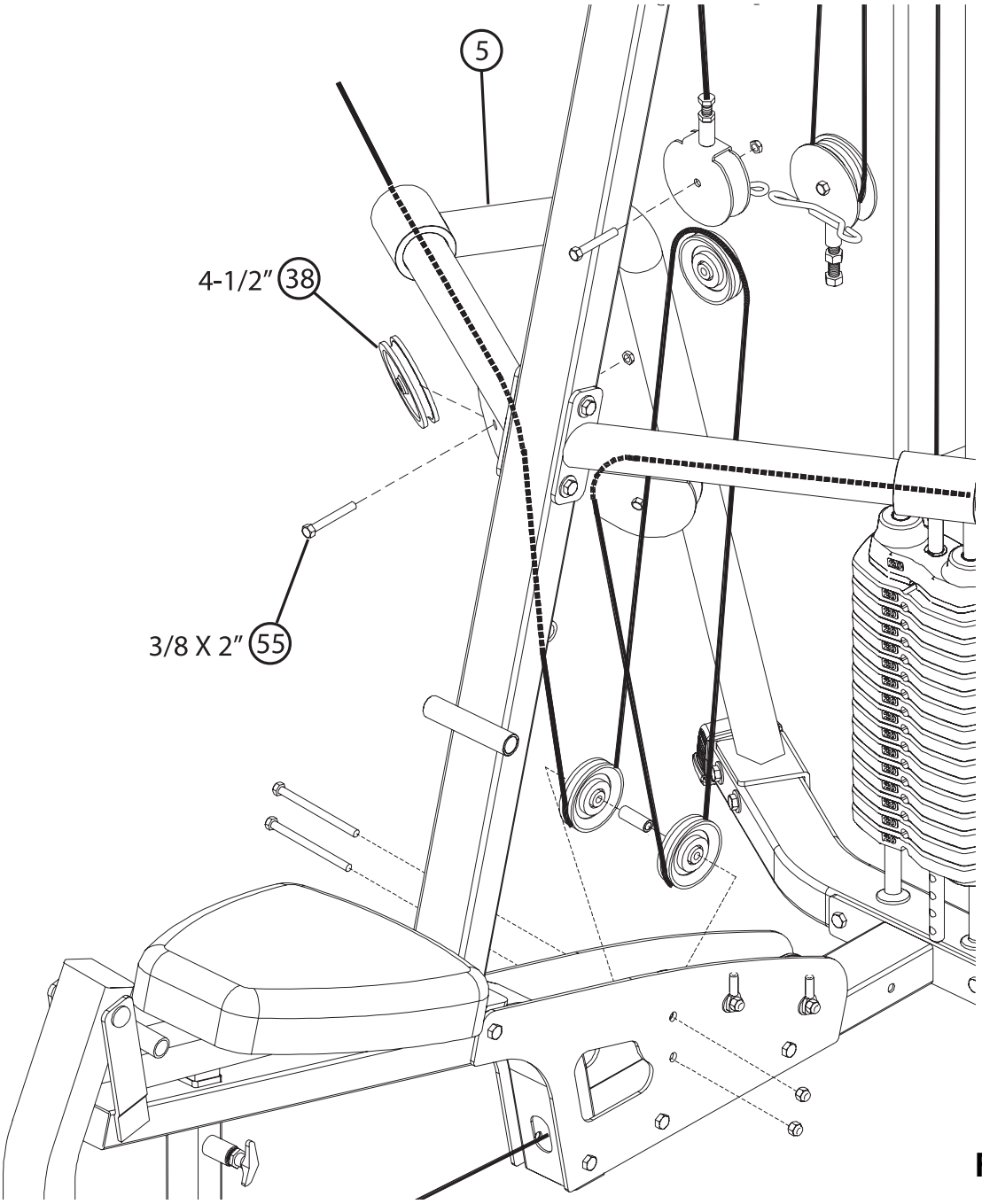



**FIGURE 18**

## STEP 18:

A. Route the Arm Cable (31) through the Right Arm (5) as shown in Figure 18.

B. Loop the Arm Cable (31) around one 4-1/2" Pulley (38).

C. Securely assemble the 4-1/2" Pulley (38) with the Arm Cable (31) around it to the Right Arm (6), using one 3/8 x 2" Bolt (55) and one 3/8" Lock Nut (63).

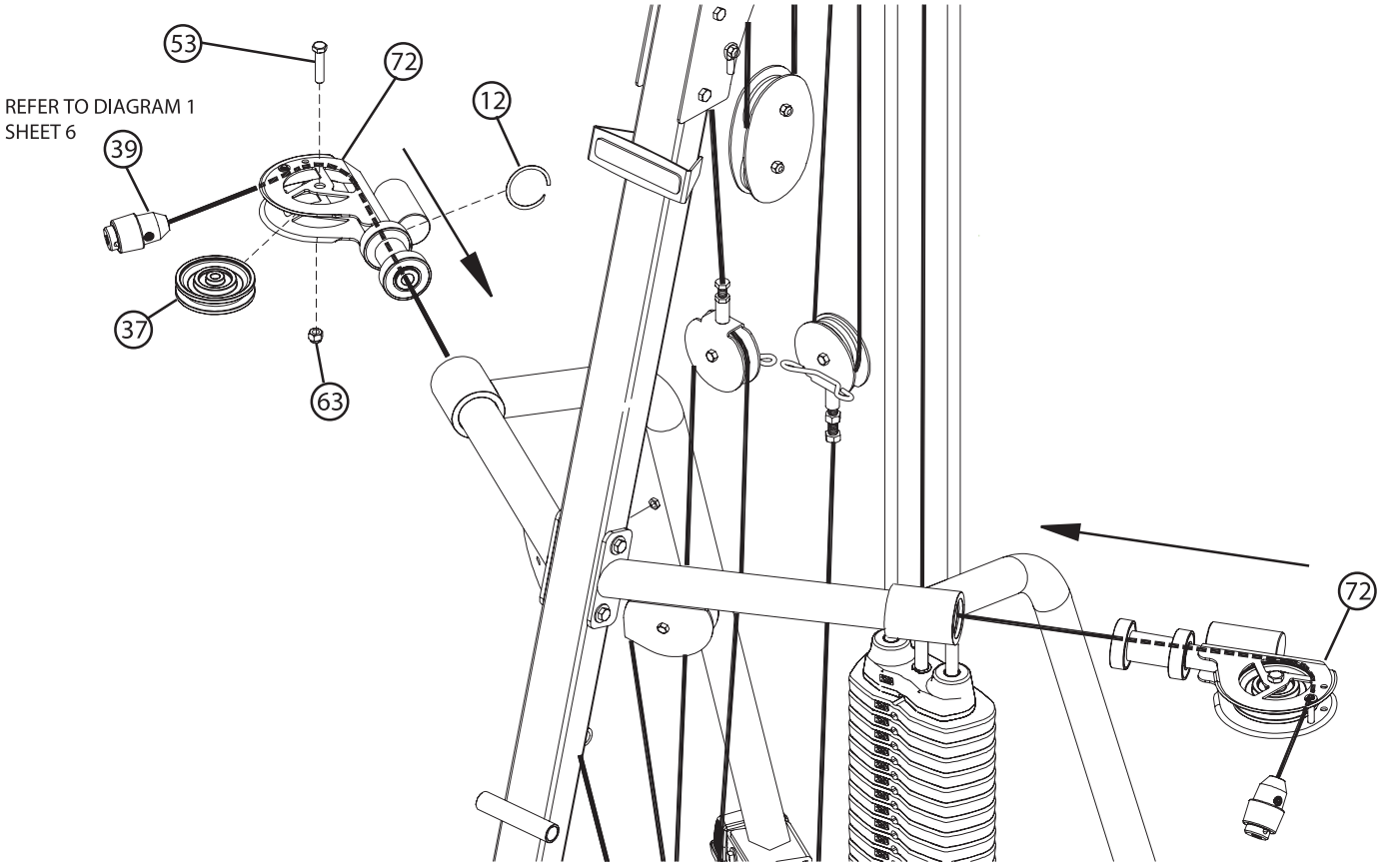



**FIGURE 19**

## STEP 19:

A. Insert Arm Cable (31) ends through Swivel Pulley Assemblies (72).

B. Insert Swivel Pulley Assemblies (72) into Left Arm (5) and Right Arm (6).

C. Secure Swivel Pulley Assemblies (72) in Left Arm (5) and Right Arm (6) using one C-Ring (12) each.

C. Attach Quick Connects (39) to each end of the Arm Cable (31). See Diagram 1, page 6.

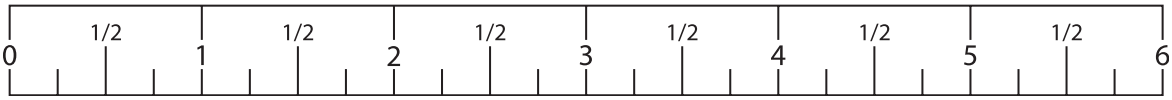
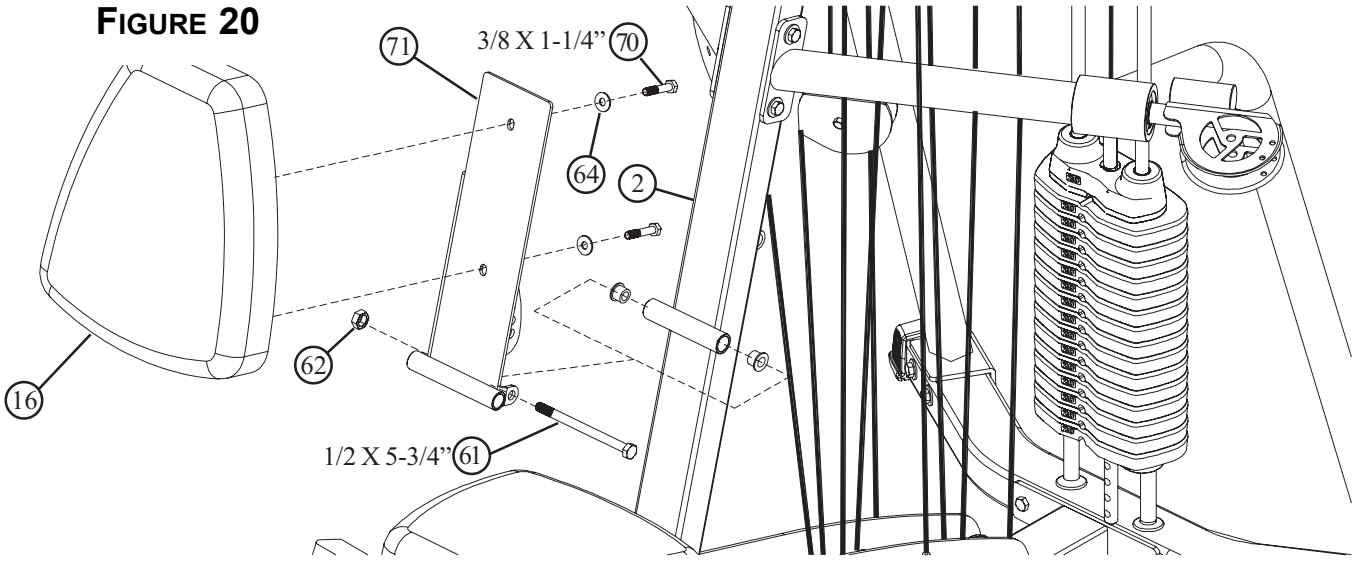


**FIGURE 20**




## STEP 20:

A. Securely assemble one Seat Pad (16) to the Back Pad Adjustment (71) using two 3/8 x 1-1/4" Bolts (70) and two 3/8" Washers.

B. Securely assemble the Back Pad Adjustment (71) to the Upright (2), using one 1/2 x 5-3/4" Bolt (61) and one 1/2" Low Height Lock Nut.

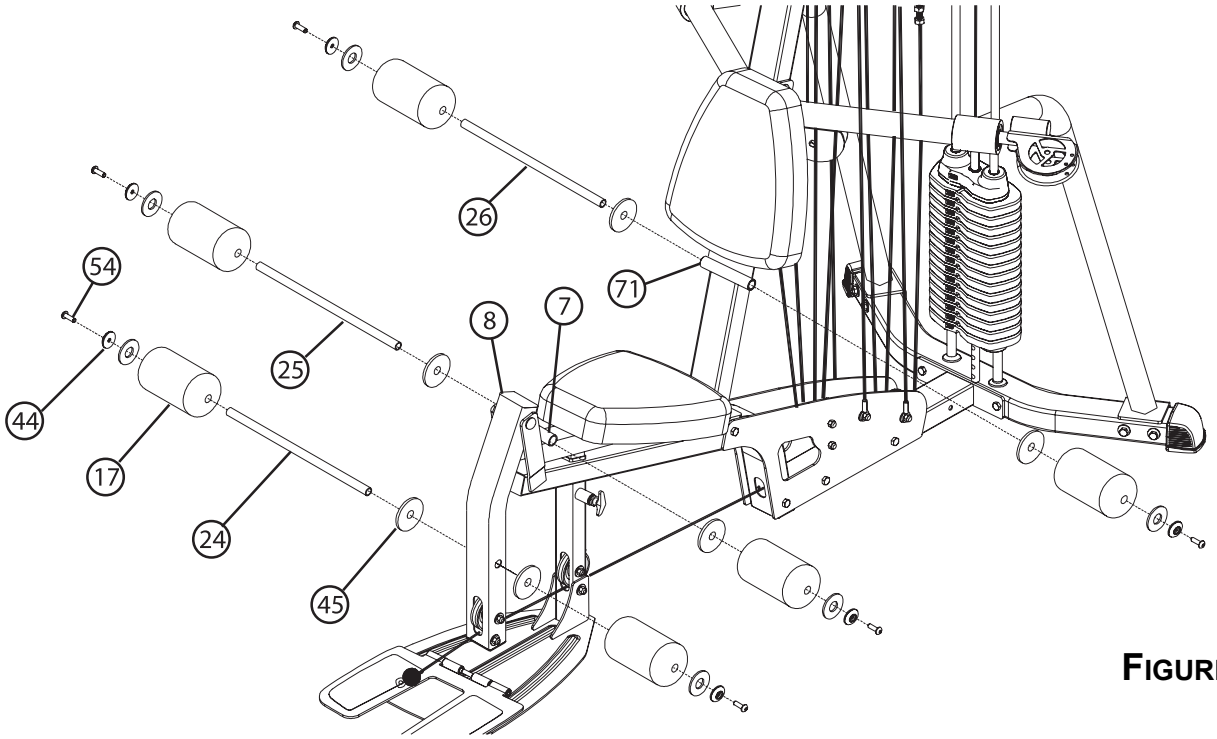



**FIGURE 21**

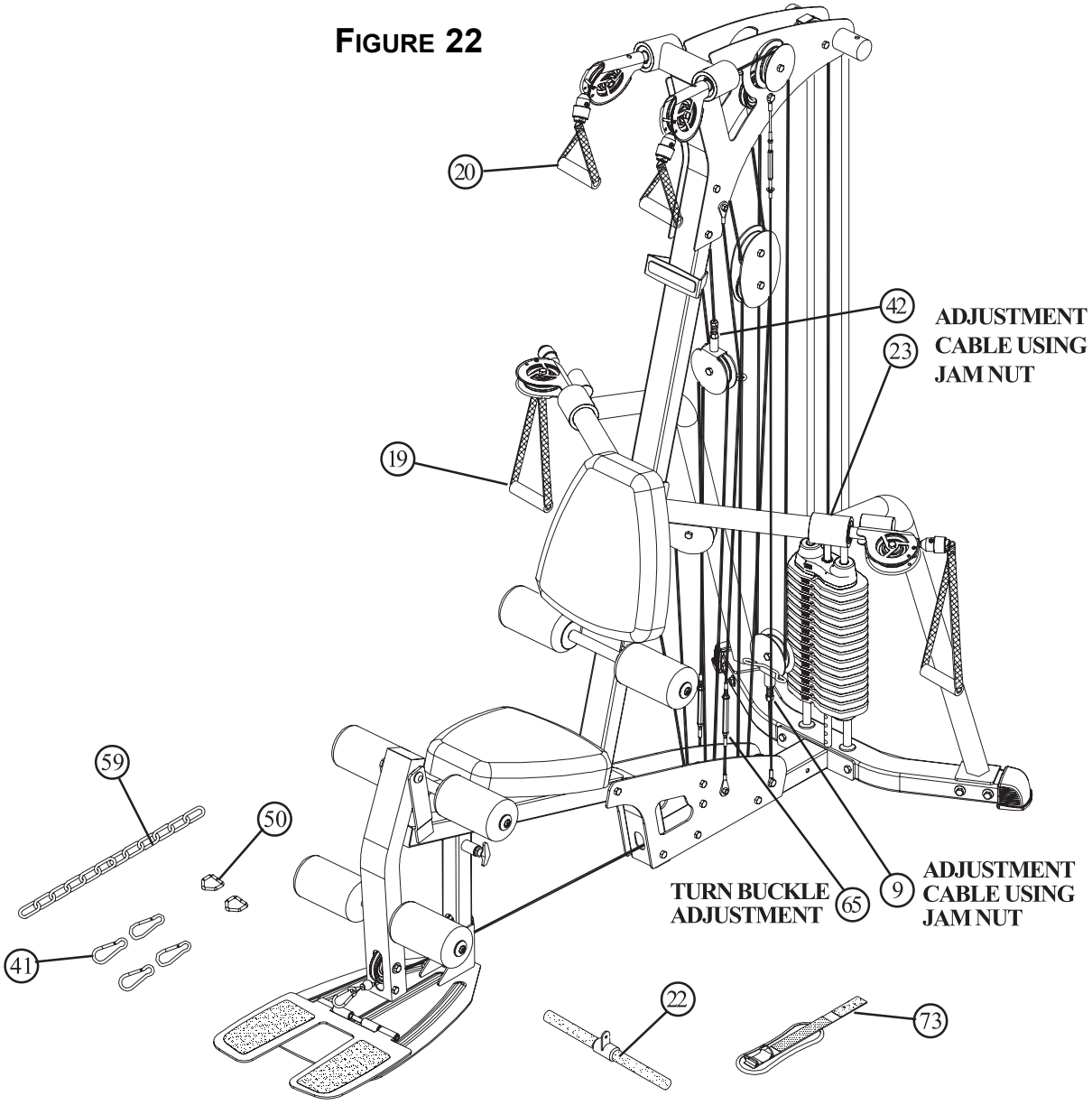
## STEP 21:

A. Assemble two Roller Pads (17) to the Leg Pedestal (8) using one 3/4 x 18" Tube (24), four Plastic Washers (45), two Roller Pad Caps (44) and two 5/16 x 1" Button Head Allen Screws (54).

B. Assemble two Roller Pads (17) to the Seat Adjust (7) using one 3/4 x 18-3/8" Tube (25), four Plastic Washers (45), two Roller Pad Caps (44) and two 5/16 x 1" Button Head Allen Screws (54).

C. Assemble two Roller Pads (17) to the Back Pad Adjustment (8) using one 3/4 x 21" Tube (26), four Plastic Washers (45), two Roller Pad Caps (44) and two 5/16 x 1" Button Head Allen Screws (54).

**FIGURE 22**




## STEP 22:

A. Make adjustments to the cables' tension at the locations shown in Figure 22.

B. Adjust the Turnbuckle on each Guard Cable (65) to change the tension of the Guide Cables (65).

C. If by the time the Gym is assembled, the Head Plate (23) does not sit on top of the first Weight Plate (21), push the Head Plate (23) down, insert the Weight Stack Pin (27) and perform several repetitions. This will relax the cable system and prevent the Head Plate (23) from lifting up.

D. If after completing the previous step, the Head Plate (23) still does not sit on top of the first Weight Plate (21) or if there is excess slack in the cable system, adjust the threaded ends of the Cables attached to the Pulley Brackets (42) accordingly and retighten the jam nuts.

E. For maximum performance, the Head Plate (23) should just barely sit on the Weight Plate (21).

F. After making adjustments, make sure all jam nuts are securely tightened.

**This completes the assembly of the CM3 Gym System. To add the CM3 Shroud Option (purchased seperately), refer to the CM3 Shroud Kit Assembly Instructions.**

## MAINTENANCE

- We recommend cleaning your product (pads and frame) on a regular basis, using warm soapy water. Touch-up paint can be purchased from your Life Fitness customer service representative at 1-800-351-3737.
- Inspect equipment daily. Tighten all loose connections and replace worn parts immediately. Failure to do so may result in serious injury.
- Lubricate guide rods with a teflon based (or equivalent) lubricant on a regular basis.
- PLEASE RECORD THE INFORMATION REQUESTED BELOW. IN THE EVENT THAT YOUR EQUIPMENT REQUIRES SERVICE YOU WILL BE ASKED FOR THIS INFORMATION. .

Remember to fill out your registration card on-line at **www.lifefitness.com/registration**

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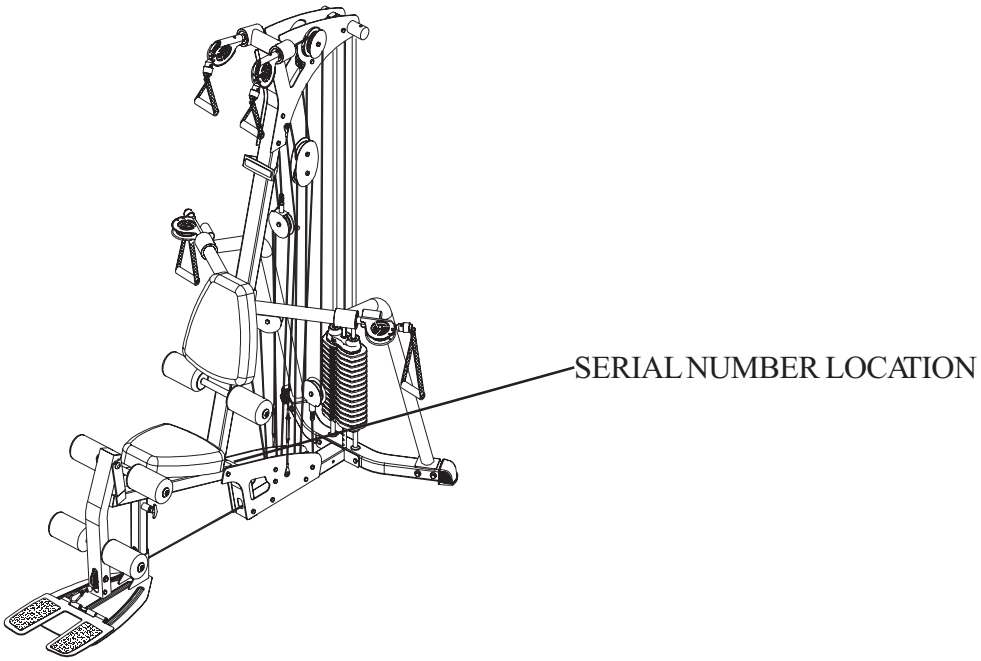
MODEL #_____

SERIAL #_____

DATE OF PURCHASE:_____

DEALER'S NAME: _____

DEALER'S PHONE # _____




## THANK YOU FOR PURCHASING THE LIFE FITNESS CM3 GYM SYSTEM!

## WARRANTY

Life Fitness extends the following LIMITED WARRANTY to the original owner of the Life Fitness products. The Warranty terms apply to IN HOME USE ONLY.

1. LIMITED WARRANTY ON FRAME AND WELDS. If the frame of the Life Fitness product or a weld should crack or break, it will be repaired or replaced by Life Fitness. Terms: Lifetime – for so long as the Customer owns the Life Fitness product.
2. LIMITED WARRANTY ON PARTS. If the following parts are defective in material or workmanship, Life Fitness will supply replacement parts: all bolts, nuts, washers, bearings, bushings, pulleys, thumbscrews, collars, cable retaining clips, adjustable pre-stretch slides, roller pad shafts, allen head bolts, weight selector pin, weight stack shaft, set screws, protector caps, adjustment chain, cotter pin, plunger, spring and knob. Terms: Lifetime – for so long as the Customer owns the Life Fitness product.
3. LIMITED WARRANTY ON CABLES AND UPHOLSTERY. If the coated cables or upholstery are defective in material or workmanship, Life Fitness will repair or replace them, at its option. Terms: Three (3) years.
4. CONDITIONS AND EXCEPTIONS. Any product misuse, abuse or alteration, any attempt to repair by a person other than an authorized Life Fitness Service Center, any improper assembly, accident, or any other condition resulting from occurrences beyond the control of Life Fitness will void this Limited Warranty.
5. REPLACEMENT AND REPAIR EXPENSES. Life Fitness will provide only replacement parts or repair under this warranty. The Owner is responsible for all other costs. Such costs may include, but are not limited to: a. labor charges for service, removal, repair or reinstallation of the Life Fitness product or any component part; b. shipping, delivery, handling and administrative charges for returning parts to Life Fitness; and c. all necessary or incidental costs related to installation of the replacement parts.
6. SHIPPING. If shipping by the Owners is deemed necessary (in sole discretion of Life Fitness), parts should be shipped in their original carton or equivalent packaging, fully insured with shipping charges prepaid. Life Fitness will not assume any responsibility for any loss or damage incurred in shipping.
7. CLAIM PROCEDURES. If service on your Life Fitness product is required during the warranty period, please contact our Customer Service Department at 1-800-351-3737 for instructions regarding returning or replacing parts. Please have available the following information: (i) the dealer's name; (ii) the date of purchase; (iii) the serial # (s) of your product (the serial number location is called out on the final assembly drawing included with your assembly instruction); (iv) a description of the nature of the problem.
8. OWNER'S RIGHT. This Limited Warranty gives you specific legal rights. You may also have other rights, which vary depending on local law.
9. LIMITATION OF IMPLIED WARRANTIES. All implied warranties, except to the extent prohibited by applicable law, shall have no greater duration than the warranty period set forth above. There are no warranties which extend beyond the description in this Limited Warranty.

   Because local laws do not allow limitations on how long an implied warranty lasts, the above limitations may not apply to you.
10. DISCLAIMER. No other express warranty has been made or will be made on behalf of Life Fitness with respect to any Life Fitness product or the operation, repair or replacement of any Life Fitness product. Life Fitness shall not be responsible for injury, loss of use of the Life Fitness product, inconvenience, loss or damage to personal property, whether direct or indirect, and incidental or consequential damages. The above limitation or exclusion may not apply to you.

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